

### Our recommended signature dishes

where you see the symbol

The meals on this menu are made with ingredients which do not intentionally contain gluten.

However, we handle gluten-containing ingredients in our kitchens so we cannot guarantee our dishes are 100% gluten-free.

Please ensure you make your server aware when ordering from this menu.

## **NGCI Main Menu**

## **Starters**

Tomato Soup Ø 6.19

Served with non-gluten-containing bread (291kcal)

Vegan option available, just ask ♥ (199kcal)

Loaded Nachos 0 6.79

With nacho cheese sauce, tomato salsa & reduced-fat soured cream (471kcal)

Vegan option available, just ask ♥ (527kcal)

## **Mains**

### **Steaks**

British & Irish steak served with grilled tomato, peas, skin-on chips or mixed salad (653kcal with chips or 418kcal with salad)

8oz\* Rump 16.49

8oz\* Sirloin 17.99

7oz\* Gammon Steak 12.39

With skin-on chips, peas, grilled tomato (661kcal) & your choice of two fried eggs (+216kcal), two grilled pineapple rings (+44kcal) or one of each (+130kcal)

### Burgers

All our burgers are served in a non-gluten-containing brioche bun with skin-on chips & coleslaw, unless otherwise stated. Swap your bun for a fresh mixed salad (-125kcal)

#### Big Stack Burger 14.89

Two 1/4lb\* steak burgers, Cheddar, gherkin, red onion, lettuce & burger sauce (1,231kcal)

### Cheese & Bacon Burger 13.29

A 1/4lb\* steak burger with red onion, lettuce, to mato & burger sauce (957kcal)  $\,$ 

### Burger additions & upgrades

1/4lb\* Steak Burger (+214kcal) 1.99, 2 Streaky Bacon Rashers (+63kcal) 99p, Cheese Slice  $\mathbf{\Phi}$  (+83kcal) 49p

## **Pub Classics**

### Smothered Chicken 12.19

Topped with bacon, cheese & smoky BBQ sauce. Served with skin-on chips, coleslaw & a salad garnish (738kcal)

ADD an extra smothered chicken for 3.49 (+325kcal)

Chicken Tikka Curry 11.99

Served with rice. (534kcal)

New Flavours Bombay Hash ♥ 11.79

Sweet potato & red pepper hash with a masala ketchup, served with rice (607kcal)

### New Flavours Burrito Bowl 11.19

Smoky chipotle & lime rice with tortilla chips, cherry tomatoes, shredded lettuce, reduced-fat soured cream, tomato salsa & coriander (668kcal)

choose from BBQ Seasoned 4oz\* Rump (+166kcal) 14.19 BBQ Seasoned Chicken Breast (+161kcal) 13.69

### Cobb Salad ♥ 7.59

Shredded lettuce, red pepper, cucumber, cherry tomatoes & sweetcorn (101kcal)

ADD your choice of dressing: French Dressing ♥ (+66kcal),

Reduced-Calorie Caesar Dressing  $\mathbf{V}$  (+83kcal)

ADD Chargrilled Chicken (+155kcal) 2.49

### Sides

Skin-on Chips ♥ 3.79 (277kcal)

Mixed Side Salad ♥ 3.69 (42kcal)

**Coleslaw © 2.09** (154kcal)

## **Desserts**

Pairy Milk Caramel Nibbles 7.09

With chocolate & caramel sauces & a chocolate flake. (509kcal)

New Rhubarb & Custard Sundae Ø 6.99

With vanilla ice cream & crushed meringue (459kcal)

Fruit Salad ♥ 5.89

(106kcal)

### Banoffee Cheesecake Ø 6.99

Topped with banana, caramel sauce & crumbled chocolate flake. Served with vanilla ice cream (782kcal)

Adults need around 2,000kcal per day



## **NGCI Kids**



We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever Nutritionist.

- 100% responsibly-sourced fish
  - 100% chicken breast
  - 100% UK & Irish beef
- No genetically-modified ingredients

- To provide carefully controlled levels of calories, fat, saturates, sugar & salt
  - To meet the nutritional needs of children
  - . To include 2 of their 5-a-day in all our main meals
    - · To offer yummy vegetarian options
    - To never use artificial colours or flavours
    - To offer a range of no-added sugar drinks

## Pick a Starter and a Main: Smaller Appetites 4.99 Larger Appetites 5.99



### Tortilla Chips O

Served with a cucumber, yoghurt & mint dip & diced tomatoes (165kcal).

Vegan option available, just ask ♥ (150kcal)

Veggie Sticks O 1

Served with a cucumber, yoghurt & mint dip (31kcal)

## + Choose two yummy sides

Baked Beans ♥ ① (41kcal) Peas ♥ ① (47kcal)

Mini Salad ♥ ① (28kcal) 2 Mini Corn on the Cobs ♥ ① (48kcal)

2 Grab a main

### **Smaller Appetites**

### **Grilled Chicken Breast**

Served with skin-on chips (235kcal)

Swap your Skin-on Chips ♥ (158kcal) for Mash ♥ (110kcal) or Mini Jacket Potatoes ♥ (155kcal)

### **Larger Appetites**

#### Grilled Chicken Breast Burger

Served in a non-gluten-containing burger bun with skin-on chips (412kcal)

### **Beef Burger**

Served in a non-gluten-containing burger bun with skin-on chips (549kcal)

## Add a pudding for just 1.49

### Berry Blast Sundae<sup>4</sup> O

Frozen strawberry yoghurt, mixed berries, a whip of cream & sprinkles (125kcal)

#### Vanilla Ice Cream O

Topped with a crumbled chocolate flake (146kcal)

### Fruit Salad ♥ ②

(50kcal)

### Pip Organic Ice Lolly ♥

Choose from Rainbow Fruity (18kcal) or Berry (16kcal)

# **NGCI Sunday Roast**

### Tuck in to the best roast in town for only 11.99! Served every Sunday 12-6pm

Choose from our 3 succulent meats. Can't decide? Why not have all 3? (1055kcal)

## **Roasts 11.99**

Reef

Sourced from British & Irish farms (1,125kcal)

Turkey

Succulent & tender (982kcal)

Gammon

Roasted until golden (1,059kcal)

All our roasts are served with crispy roast potatoes, a selection of vegetables & gravy, unless otherwise stated.

## Kids' Roasts 4.99

### Choose from our 3 delicious meats:

Served with crispy roast potatoes, gravy and a selection of vegetables, unless otherwise stated.

Beef (585kcal)

Turkey (489kcal)

Gammon (540kcal)



We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p

Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).

GREAT ORMOND STREET
HOSPITAL CHARITY

Adults need around 2,000kcal per day. Children between 5-10 years old need around 1,800kcal per day.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish as detailed to the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, lowever some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information appears which the calorie information and to a vegan review, but we cannot guarantee that they are satisfable for vegetarians. We stately an observable to vegan sand vegetarians. Our vegetarians. Our vegetarians our vegetarians our vegetarians our vegetarians our vegetarians. Our vegetarians our vegetarians our vegetarians our vegetarians our vegetarians. Our vegetarians o

