

Whitbread Inns



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR WHITBREAD INNS ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE MENU								
STARTERS								
CHICKEN WINGS	1272	304	14.9	4.3	19.3	7.9	23.2	1.4
CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP	2106	503	28.7	12.2	42.1	7.6	18.1	1.5
CHEESY GARLIC FLATBREAD WITH BBQ DIP	2088	499	27.7	12.2	43.5	9.6	18.0	1.6
CALAMARI	1832	438	24.2	1.9	39.5	13.8	15.0	4.3
POTATO DIPPERS	1683	402	22.5	8.7	34.4	2.5	15.5	1.0
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
LOADED NACHOS	2572	614	35.6	9.7	58.3	9.3	12.0	2.4
SHARING LOADED NACHOS	4921	1175	66.8	16.6	115.6	17.6	21.5	4.6
CHICKEN & PORK PATE	1635	390	19.7	8.7	41.1	15.1	10.4	1.5
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
CLASSIC PRAWN COCKTAIL	1937	463	22.3	6.9	40.2	13.7	23.3	2.4
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
BAKED CAMEMBERT	2604	622	38.6	24.7	35.3	15.8	32.9	2.7
SHARING PLATTER	8803	2103	123.1	29.1	170.2	18.8	72.8	8.3
ADD FOUR CHICKEN WINGS	9568	2285	133.3	32.4	175.6	18.9	90.6	9.0
SIDES								
CHIPS	1518	363	13.8	2.1	51.9	0.7	5.1	1.3
SKINNY CUT FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
HALLOUMI FRIES	2455	586	44.3	15.5	17.5	14.3	29.1	4.4
DIRTY FRIES	2161	516	24.1	6.9	55.7	7.7	17.7	2.9
GARLIC FLATBREAD	1310	313	16.3	5.0	33.7	1.7	6.7	0.6
GARLIC FLATBREAD WITH CHEESE	1938	463	27.7	12.2	34.8	2.1	17.8	1.3
TIGER FRIES	1479	353	16.1	1.5	46.7	7.4	3.3	1.3
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
TENDERSTEM BROCCOLI	581	139	11.3	5.5	3.2	2.1	4.7	0.2
MIXED SIDE SALAD	163	39	1.2	0.1	4.9	4.2	1.5	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
BEER-BATTERED ONION RINGS	879	210	11.2	0.9	23.5	3.2	2.8	0.5

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CLASSICS & GRILLS								
MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA	4392	1049	55.3	21.3	58.2	4.2	75.0	3.4
GAMMON STEAK WITH CHIPS & FRIED EGGS	3676	878	39.1	9.0	60.1	6.0	67.1	4.2
GAMMON STEAK WITH CHIPS & PINEAPPLE RINGS	3998	955	39.1	9.0	81.9	27.2	67.4	4.2
GAMMON STEAK WITH CHIPS & ONE OF EACH	3385	809	30.6	7.2	71.0	16.5	59.3	4.2
GAMMON STEAK WITH JACKET POTATO & FRIED EGGS	3731	891	33.9	12.1	76.0	8.0	70.8	3.1
GAMMON STEAK WITH JKT POT & PINEAPPLE RINGS	3149	752	16.9	8.5	97.7	29.1	55.1	3.2
GAMMON STEAK WITH JKT POT & ONE OF EACH	3440	822	25.4	10.3	86.9	18.5	63.0	3.2
LUXURY COTTAGE PIE	2828	675	31.7	16.6	51.3	7.7	41.9	3.4
CHICKEN MAKHANI CURRY	3908	933	30.7	12.1	106.1	23.2	53.7	5.1
SWEET POTATO & FETA LASAGNE	2965	708	40.3	16.9	59.6	14.1	24.3	2.7
HUNTERS CHICKEN WITH CHIPS	3126	747	27.6	8.4	67.3	12.1	52.6	4.0
HUNTERS CHICKEN WITH JACKET POTATO	3181	760	22.4	11.6	83.2	14.1	56.2	3.0
RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN	5779	1380	60.2	18.4	96.7	35.8	108.7	6.0
CHICKEN FORESTIERE	2985	713	38.1	15.6	41.5	4.5	47.5	3.7
LUXURY BAKED LASAGNE	3994	954	49.0	21.4	74.6	15.8	51.8	3.4
CHICKEN ESCALOPE	5710	1364	77.1	16.2	107.5	3.6	56.9	3.1
SURF & TURF COMBO	4647	1110	53.8	11.2	78.1	6.5	74.3	5.5
LAMB RUMP	2643	631	34.8	19.5	34.2	10.7	43.9	2.8
OUR SIGNATURE MIXED GRILL	5053	1207	58.0	19.6	75.3	10.2	91.2	6.4
OUR SIGNATURE MIXED GRILL WITH 8OZ RUMP STEAK	5680	1357	64.4	22.5	75.4	10.4	115.6	6.8
8OZ RUMP STEAK WITH CHIPS	3501	836	39.0	15.4	60.3	6.2	58.8	3.3
8OZ RUMP STEAK WITH SALAD	2309	551	27.7	13.6	18.1	13.9	56.6	2.2
8OZ SIRLOIN STEAK WITH CHIPS	3554	849	40.9	16.5	60.3	6.0	55.0	3.1
8OZ SIRLOIN STEAK WITH SALAD	2362	564	29.6	14.7	18.1	13.8	52.8	2.0
10OZ RIB-EYE STEAK	4330	1034	53.3	22.6	62.5	8.2	71.2	3.0
CREAMY PEPPERCORN	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
DIANE	305	73	5.9	3.2	3.2	1.1	1.6	0.5
BURGERS								
DOUBLE STACK STEAK BURGER WITH CHEESE	5217	1246	70.1	26.3	91.3	15.5	59.8	4.1
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	5480	1309	74.1	27.6	91.5	15.5	66.3	5.0
SLOPPY JOE BURGER	4448	1062	51.6	9.2	106.9	18.1	37.0	3.7
CHICKEN & AVOCADO BURGER	4698	1122	53.3	9.4	102.6	20.3	52.4	5.8
LAMB & FETA BURGER	4255	1016	49.9	15.5	97.4	18.3	40.8	5.3
MAC & CHEESE BURGER	5784	1381	74.1	24.0	111.8	21.0	62.7	5.6
SURF & TURF BURGER	6165	1472	85.5	27.7	96.7	13.7	75.6	5.6
PIES								
BEEF & DOOM BAR PIE	4837	1155	63.9	35.7	107.2	6.0	32.6	3.6
CHICKEN & MUSHROOM PIE	5164	1233	71.1	30.2	119.0	8.1	23.0	3.8
FAKE & ALE PIE	3213	767	37.7	12.1	86.2	14.7	16.4	2.7
CHICK, MOZZ & PESTO PIE	2028	484	22.2	8.9	44.2	10.4	25.9	1.2
FISH								
FISH & CHIPS SHOP PLATTER	5191	1240	70.0	9.9	108.3	6.2	39.5	5.0
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	3466	828	38.4	4.1	93.6	5.3	21.8	3.5
BREADED SCAMPI & CHIPS WITH PEAS	3307	790	38.3	4.1	87.1	6.7	19.4	2.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4708	1125	58.0	12.8	94.7	7.4	51.2	4.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
LUXURY FISH PIE	3223	770	36.2	17.8	83.8	10.0	21.7	3.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SALADS								
BACON & BLUE CHEESE SALAD	1622	387	23.3	10.6	24.2	10.1	18.6	2.1
GRILLED HALLOUMI	1506	360	24.4	14.4	9.8	8.6	22.6	2.1
GRILLED CHICKEN	975	233	4.9	0.9	9.8	9.0	35.6	1.3
PUDDINGS								
WARM CHOCOLATE FONDANT	2365	565	30.2	10.6	63.9	38.3	7.0	0.9
LEMON TART	1885	450	24.5	13.5	52.1	32.4	5.0	0.6
CHOCOLATE CHURROS SUNDAE	3124	746	32.2	13.0	96.9	51.4	12.0	0.6
BAKED CHEESECAKE	2306	551	25.5	16.5	74.1	50.5	5.3	0.3
CHOCOLATE FUDGE SENSATION CAKE	3392	810	45.0	17.2	92.7	69.9	7.2	0.5
MIXED BERRY PAVLOVA	573	137	4.3	3.0	22.2	21.8	1.9	0.1
STICKY TOFFEE PUDDING	3013	720	37.4	17.0	86.3	62.6	7.6	0.5
BRAMLEY APPLE BLACKBERRY CRUMBLE	2607	623	16.0	6.5	106.9	73.4	8.6	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
CHOCOLATE SUNDAE MADE WITH CRUMBLD KITKAT	2203	526	22.1	11.5	68.6	55.8	8.6	0.4
COCONUT SORBET	976	233	12.6	11.2	27.8	26.1	1.7	0.1
TRIPLE CHOCOLATE BROWNIE	2790	666	23.6	13.6	100.1	82.3	9.2	0.4
MINI PUDDINGS								
GREEK YOGHURT CHOCOLATE TORTE	1236	295	20.6	10.3	23.6	12.9	3.2	0.4
STRAWBERRY CHEESECAKE	974	233	8.2	4.9	34.3	20.7	4.2	0.2
LEMON DRIZZLE CAKE	558	133	5.5	0.6	19.0	11.4	1.8	0.3
CHALKBOARD SPECIAL								
FILLET STEAK	4466	1067	60.1	29.3	67.3	9.0	58.5	3.8

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
WHITBREAD INNS KIDS MENU								
STARTERS								
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
MAINS								
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
POPPIN CHICKEN	1651	394	15.8	2.4	43.6	4.2	16.9	1.5
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
BANGERS & MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE BANGERS & MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
CHICKEN BURGER	1897	453	7.3	1.7	64.8	9.0	27.5	1.6
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
BEEF BURGER	2590	619	26.5	9.2	62.5	9.0	28.9	1.1
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
SWAPSIES								
CHIPS	759	181	6.9	1.1	26.0	0.4	2.5	0.6
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
SIDE SALAD	98	23	0.1	0.3	3.5	1.6	1.6	0.0
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
PUDS								
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	831	199	5.5	3.4	30.2	21.9	4.4	0.2
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
STRAWBERRY YOGHURT	482	115	4.7	3.1	12.7	12.4	5.5	0.2
STRAWBERRY FROZEN YOGHURT	593	142	1.2	0.6	28.3	20.4	4.2	0.1
MINI DOUGHNUTS	850	203	6.5	3.0	33.3	20.1	2.2	0.3
PANCAKES	913	218	3.3	0.5	42.8	23.0	4.0	0.4
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
SUNDAY CARVERY								
TOPSIDE OF BEEF	2949	704	31.8	9.5	67.0	10.9	32.9	1.1
CHICKEN	2769	661	21.3	4.7	67.1	11.4	45.2	2.1

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DAYTIME VALUE MENU								
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
GAMMON STEAK WITH FRIED EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
JACKET POTATO WITH CHEESE & BEANS	3172	758	26.6	15.3	94.8	16.8	32.5	2.6
HAND-BATTERED FISH & CHIPS	3804	909	46.4	4.8	78.1	7.5	40.2	3.8
HAND-BATTERED HADDOCK & CHIPS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
8OZ RUMP STEAK	2824	675	26.5	6.9	52.5	3.7	56.4	3.3
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
CHICKEN & BACON OPEN CLUB SANDWICH	3497	835	28.5	3.8	90.5	4.8	51.0	4.8
BEEF STEAK BURGER WITH CHEESE	3987	952	47.9	15.1	92.0	15.9	35.8	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	5212	1245	70.1	26.3	91.3	15.5	59.8	4.1
HAM, EGG & CHIPS	3586	857	42.1	10.1	52.8	1.6	63.3	5.8
MAC & CHEESE	3442	822	39.0	24.4	77.3	10.8	35.6	3.8
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
PAPRIKA CHICKEN	2196	525	17.0	1.8	48.9	2.6	42.5	3.1
ADD A STARTER								
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
POTATO DIPPERS	1680	401	22.5	8.8	34.3	2.5	15.5	1.0
ADD A PUDDING								
WARM CHOCOLATE BROWNIE	2192	523	19.8	5.9	76.6	36.1	7.6	0.2
CARAMEL APPLE PIE	1988	475	17.4	7.7	71.5	41.2	6.8	0.3
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
MINI CHOCOLATE BROWNIE SUNDAE	1158	277	9.7	5.5	39.3	27.9	5.1	0.2

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Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING VALUE								
STARTERS								
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
MAINS								
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
HAND-BATTERED FISH & CHIPS	3804	909	46.4	4.8	78.1	7.5	40.2	3.8
HAND-BATTERED HADDOCK & CHIPS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
GAMMON STEAK WITH FRIED EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
BEEF STEAK BURGER WITH CHEESE	3987	952	47.9	15.1	92.0	15.9	35.8	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	5212	1245	70.1	26.3	91.3	15.5	59.8	4.1
MAC & CHEESE	3442	822	39.0	24.4	77.3	10.8	35.6	3.8
PAPRIKA CHICKEN	2196	525	17.0	1.8	48.9	2.6	42.5	3.1
PUDDINGS								
CARAMEL APPLE PIE	1988	475	17.4	7.7	71.5	41.2	6.8	0.3
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
MINI CHOCOLATE BROWNIE SUNDAE	1158	277	9.7	5.5	39.3	27.9	5.1	0.2
WARM CHOCOLATE BROWNIE	2192	523	19.8	5.9	76.6	36.1	7.6	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY ROAST								
TOPSIDE OF BEEF	5854	1398	71.1	26.3	134.6	20.7	54.9	3.5
SLOW-COOKED PORK	6218	1485	72.2	25.3	134.7	21.4	73.8	3.6
HALF ROASTED CHICKEN	6104	1458	69.2	22.6	134.7	20.9	74.3	5.0
FAKE AND ALE PIE	7152	1708	87.8	30.7	196.9	31.0	32.6	4.7
CAULIFLOWER CHEESE	1183	283	20.2	11.8	10.0	3.8	14.0	1.6

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET MENU								
BUFFET 1								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	444	106	6.1	3.6	8.1	1.6	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (1/4 PER PERSON)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
BUFFET 2								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	719	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET 3								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
CHICKEN & BACON (PER 1/4)	292	70	3.0	1.5	7.5	1.0	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	719	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8
BETROOT, ONION & VEGETABLE TARTLETS (PER HALF)	447	107	5.6	2.1	12.1	3.9	1.6	0.3
POTATO DIPPERS (PER PORTION)	714	171	10.0	4.4	13.2	0.9	6.9	0.4
PIGS IN BLANKETS (2 PER PERSON)	583	139	9.5	3.2	4.2	0.8	9.0	1.0
DESSERTS								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	496	119	4.3	0.6	18.1	13.7	1.2	0.1
PROFITEROLES (1 PLUS SAUCE)	317	76	4.2	2.4	8.4	4.9	0.9	0.1
BANOFFEE BITES (PER BITE)	579	138	5.4	3.5	19.7	17.0	1.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BREAKFAST MENU								
FULL BREAKFAST								
BACK BACON per rasher	207	49	3.0	1.2	0.1	0.1	5.4	0.8
BREAKFAST SAUSAGE per sausage	479	114	7.4	2.6	2.9	0.6	8.7	0.5
QUORN SAUSAGE per sausage	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG per portion	1128	269	23.3	12.0	2.1	2.1	12.9	0.0
FRIED EGG per egg	452	108	8.5	1.8	0.1	0.1	7.9	0.0
POACHED EGGS per egg	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS per egg	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE per portion	1690	404	39.2	22.1	0.9	0.9	12.0	0.4
HASH BROWNS each	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK per portion	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING per slice	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER per portion	674	161	16.7	10.5	0.5	0.3	1.6	0.4
TOMATO M per half	36	9	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO (RATIONAL) per half	111	27	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS per portion	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CONTINENTAL BREAKFAST								
BAKERY nutrition per item								
CROISSANT	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN	534	128	5.8	3.9	16.0	6.6	2.3	0.2
MINI PAIN AUX CHOCOLAT	718	172	9.7	6.3	17.3	5.5	3.1	0.3
CINNAMON AND RAISIN BAGELS	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN	476	114	6.2	0.6	12.8	7.1	1.3	0.1
SOURDOUGH CRUMPETS	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD	384	92	1.0	0.2	17.1	1.0	3.1	0.3
MALTED SANDWICH BREAD	386	92	0.8	0.1	16.7	0.7	3.5	0.3
GLUTEN FREE BREAD SLICE	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	261	62	0.0	0.0	15.5	15.5	0.1	0.2
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	274	65	0.0	0.0	16.2	15.0	0.1	0.0
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	140	33	0.0	0.0	8.3	8.1	0.0	0.0
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD	178	43	4.7	1.1	0.0	0.0	0.0	0.1
FRUITS								
FRUIT SALAD per portion	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN each	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS each	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX per portion	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX per 100g	1290	308	0.5	0.0	76.1	59.9	2.0	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
YOGHURTS AND CEREALS								
STRAWBERRY YOGHURT each	482	115	4.7	3.1	12.7	12.4	5.5	0.2
VANILLA YOGHURT each	402	96	0.0	0.0	16.9	16.8	7.0	0.2
GREEK STYLE YOGHURT each	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS per 30g	480	115	0.6	0.3	25.2	5.1	1.9	0.2
CRUNCHY NUT CORNFLAKES per 30g	500	119	1.4	0.2	24.6	10.5	1.8	0.2
CORNFLAKES per 30g	475	113	0.3	0.1	25.2	2.4	2.1	0.3
SPECIAL K per 30g	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX per 2 biscuits	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT per 45g	463	111	1.5	0.2	20.1	5.4	2.8	0.0
RICE KRISPIES per 30g	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES per 30g	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA QUAKER OAT RAISIN per portion	875	209	4.6	0.6	35.5	11.5	4.0	0.0
OATS2GO PORRIDGE SACHET per sachet without milk	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
WHITBREAD INNS AUTUMN MENU STARTERS																				
CHICKEN WINGS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
CHICKEN WINGS																				
NO	NO																			
CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP																				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
SMOKEY TOMATO DIP	YES	YES												Y	Y					
CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP																				
YES	NO	Y						Y						Y	Y					
CHEESY GARLIC FLATBREAD WITH BBQ DIP																				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
BBQ SAUCE	YES	YES																		
CHEESY GARLIC FLATBREAD WITH BBQ DIP																				
YES	NO	Y						Y												
CALAMARI																				
CALAMARI	NO	NO	Y								Y									
RAPESEED OIL	YES	YES																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
CALAMARI																				
NO	NO	Y									Y									
POTATO DIPPERS																				
UNSMOKED BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
POTATO DIPPERS																				
NO	NO	Y						Y												
GARLIC & HERB BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
GARLIC & HERB BREADED MUSHROOMS																				
NO	NO	Y																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOADED NACHOS																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
FETA CHEESE	YES	NO							Y											
FRESH HERBS CORIANDER	YES	YES																		
GUACAMOLE	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO							Y											
TORTILLA CHIPS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHERRY TOMATOES	YES	YES																		
LOADED NACHOS	YES	NO					Y		Y											
SHARING LOADED NACHOS																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
FETA CHEESE	YES	NO							Y											
FRESH HERBS CORIANDER	YES	YES																		
GUACAMOLE	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO							Y											
TORTILLA CHIPS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHERRY TOMATOES	YES	YES																		
SHARING LOADED NACHOS	YES	NO					Y		Y											
CHICKEN & PORK PATE																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN PATE WITH HERBS	NO	NO							Y	Y										
ROCKET LEAF	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
PORT & ONION CONFIT	YES	NO														Y				
CHICKEN & PORK PATE	NO	NO	Y	Y					Y	Y					Y					
SOUP OF THE DAY- LEEK & POTATO																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LEEK & POTATO SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- LEEK & POTATO	YES	YES	Y		Y															
SOUP OF THE DAY-MUSHROOM																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MUSHROOM SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY-MUSHROOM	YES	YES	Y		Y															
SOUP OF THE DAY- BROCCOLI																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BROCCOLI SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- BROCCOLI	YES	YES	Y		Y															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SOUP OF THE DAY- CARROT & CORIANDER																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & COR SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- CARROT & CORIANDER																				
YES	YES	Y		Y																
CLASSIC PRAWN COCKTAIL																				
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO								Y										
PAPRIKA PEPPER	YES	YES									Y									
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRENCH DRESSING	YES	YES										Y				Y				
SEAFOOD SAUCE	YES	NO						Y								Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
CLASSIC PRAWN COCKTAIL																				
NO	NO	Y		Y				Y	Y		Y		Y			Y				
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
NO	NO	Y							Y											
BAKED CAMEMBERT																				
CAMEMBERT	YES	NO							Y											
CIABATTA LOAF	YES	YES	Y	Y																
HONEY PORTION	YES	NO																		
FRESH HERBS ROSEMARY	YES	YES																		
BAKED CAMEMBERT																				
YES	NO	Y	Y						Y											
SHARING PLATTER																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO								Y										
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y								Y									
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y							Y	Y									
LIGHT MAYONNAISE	YES	NO							Y								Y			
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO								Y										
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
SHARING PLATTER																				
NO	NO	Y		Y				Y	Y			Y				Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ADD FOUR CHICKEN WINGS																				
RAPSEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TULIP CHICKEN WINGS	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPSEED OIL	YES	YES						Y												
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPSEED OIL	YES	YES																		
ADD FOUR CHICKEN WINGS																				
	NO	NO	Y		Y			Y	Y			Y			Y					
SIDES																				
CHIPS																				
RAPSEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS																				
	YES	YES																		
SKINNY CUT FRIES																				
RAPSEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SKINNY CUT FRIES																				
	YES	YES																		
HALLOUMI FRIES																				
RAPSEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
HALLOUMI	NO	NO						Y												
HALLOUMI FRIES																				
	NO	NO	Y					Y												
DIRTY FRIES																				
ALE BBQ SAUCE	YES	NO			Y															
RAPSEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
DIRTY FRIES																				
	NO	NO			Y			Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GARLIC FLATBREAD																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC FLATBREAD																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC FLATBREAD WITH CHEESE																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC FLATBREAD WITH CHEESE																				
GARLIC AND PARSLEY SPREAD	YES	NO	Y					Y												
TIGER FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
TIGER FRIES																				
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
TENDERSTEM BROCCOLI																				
TENDER STEM BROCCOLI	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
TENDERSTEM BROCCOLI																				
TENDER STEM BROCCOLI	YES	NO						Y												
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES										Y			Y					
MIXED GREEN VEGETABLES																				
VEG MIX GREEN	YES	NO					Y	Y												
MIXED GREEN VEGETABLES																				
VEG MIX GREEN	YES	NO					Y	Y												
BEER-BATTERED ONION RINGS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BEER-BATTERED ONION RINGS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CLASSICS & GRILLS																				
MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA																				
WHOLE GREEN BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN WITH PANCETTA	NO	NO																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y				Y						Y			Y	Y			
SALTED BUTTER BLOCK	YES	NO																		
CHIPS SKIN ON	YES	YES																		
MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA	NO	NO	Y				Y						Y			Y	Y			
GAMMON STEAK WITH CHIPS & FRIED EGGS																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK WITH CHIPS & FRIED EGGS	NO	NO																		
GAMMON STEAK WITH CHIPS & PINEAPPLE RINGS																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK WITH CHIPS & PINEAPPLE RINGS	NO	NO																		
GAMMON STEAK WITH CHIPS & ONE OF EACH																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK WITH CHIPS & ONE OF EACH	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH JACKET POTATO & FRIED EGGS	NO	NO																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GAMMON STEAK WITH JACKET POTATO & FRIED EGGS	NO	NO					Y	Y												
GAMMON STEAK WITH JKT POT & PINEAPPLE RINGS																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
GAMMON STEAK WITH JKT POT & PINEAPPLE RINGS	NO	NO																		
GAMMON STEAK WITH JKT POT & ONE OF EACH																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
GAMMON STEAK WITH JKT POT & ONE OF EACH	NO	NO					Y	Y												
LUXURY COTTAGE PIE																				
BEEF COTTAGE PIE FILLING	NO	NO			Y															
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
GARDEN PEAS	YES	YES																		
LUXURY COTTAGE PIE	NO	NO			Y			Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN MAKHANI CURRY																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
PLAIN NAAN	YES	NO	Y				Y													
CHICKEN MAKHANI CURRY	NO	NO	Y				Y													
SWEET POTATO & FETA LASAGNE																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y	Y											
SWEET POTATO & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
HUNTERS TOPPED CHICKEN WITH CHIPS																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARDEN PEAS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HUNTERS CHICKEN WITH CHIPS	NO	NO							Y											
HUNTERS CHICKEN WITH JKT POT																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARDEN PEAS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BAKING POTATOES	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
HUNTERS CHICKEN WITH JKT POT	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
RIBS & SMOKY PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RIBS & SMOKY PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN																				
CHICKEN FORESTIERE																				
DIANE SAUCE	NO	NO							Y						Y	Y				
CHICKEN BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
CHICKEN FORESTIERE																				
LUXURY BAKED LASAGNE																				
PREMIUM LASAGNE	NO	NO	Y						Y	Y										
GARLIC AND PARSLEY SPREAD	YES	NO								Y										
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y				Y			
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y							Y										
LUXURY BAKED LASAGNE																				
CHICKEN FORESTIERE																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN ESCALOPE																				
CHICKEN ESCALOPE	NO	NO	Y																	
CAGE FREE MED BARN EGGS	YES	NO					Y													
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
CHEESE SLICES	YES	NO						Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																		
LEMON CASE	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN ESCALOPE	NO	NO	Y				Y	Y				Y			Y					
SURF & TURF COMBO																				
CALAMARI	NO	NO	Y									Y								
RAPESEED OIL	YES	YES																		
KING PRAWNS VIETNAMESE	NO	NO									Y									
8OZ BEEF SIRLOIN STEAK	NO	NO																		
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y									Y			
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SURF & TURF COMBO	NO	NO	Y				Y				Y	Y			Y					
LAMB RUMP																				
TENDER STEM BROCCOLI	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
LAMB RUMP	NO	NO																		
TABLE SALT	YES	YES																		
MALBEC SAUCE	NO	NO											Y							
SALTED BUTTER BLOCK	YES	NO						Y												
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
LAMB RUMP	NO	NO						Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
OUR SIGNATURE MIXED GRILL																				
4OZ RUMP STEAK	NO	NO																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
CHICKEN BREAST	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
CAGE FREE MED BARN EGGS	YES	NO						Y												
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
BREAKFAST SAUSAGE	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
OUR SIGNATURE MIXED GRILL																				
NO	NO	Y		Y				Y	Y				Y		Y					
OUR SIGNATURE MIXED GRILL WITH 8OZ RUMP STEAK																				
8OZ BEEF RUMP STEAK	NO	NO																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
CHICKEN BREAST	NO	NO																		
SALTED BUTTER BLOCK	YES	NO								Y										
CAGE FREE MED BARN EGGS	YES	NO						Y												
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
BREAKFAST SAUSAGE	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
OUR SIGNATURE MIXED GRILL WITH 8OZ RUMP STEAK																				
NO	NO	Y		Y				Y	Y				Y		Y					
8OZ RUMP STEAK WITH CHIPS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
8OZ RUMP STEAK WITH CHIPS																				
NO	NO							Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ RUMP STEAK WITH SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
8OZ RUMP STEAK WITH SALAD																				
	NO	NO									Y				Y					
8OZ SIRLOIN STEAK WITH CHIPS																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
8OZ SIRLOIN STEAK WITH CHIPS																				
	NO	NO									Y									
8OZ SIRLOIN STEAK WITH SALAD																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
8OZ SIRLOIN STEAK WITH SALAD																				
	NO	NO									Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
100Z RIB-EYE STEAK																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
100Z RIBEYE STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
100Z RIB-EYE STEAK	NO	NO									Y									
CREAMY PEPPERCORN																				
PEPPERCORN SAUCE	NO	NO	Y								Y				Y					
CREAMY PEPPERCORN	NO	NO	Y								Y				Y					
BEARNAISE																				
BEARNAISE SAUCE	YES	NO								Y	Y			Y						
BEARNAISE	YES	NO								Y	Y			Y						
DIANE																				
DIANE SAUCE	NO	NO									Y				Y	Y				
DIANE	NO	NO									Y				Y	Y				
BURGERS																				
DOUBLE STACK STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO									Y									
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES											Y				Y			
SESAME SEEDED BURGER BUN	YES	NO	Y								Y	Y			Y					
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE STACK STEAK BURGER WITH CHEESE	NO	NO	Y								Y	Y			Y	Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	NO	NO	Y					Y	Y				Y	Y		Y				
SLOPPY JOE BURGER																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y													Y
BEYOND MEAT BURGER	YES	YES																		
VEGAN BURGER SAUCE	YES	YES																		Y
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y							Y
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
VEGAN BUN	YES	YES	Y	Y		Y														
SLOPPY JOE BURGER	YES	YES	Y	Y		Y	Y	Y					Y			Y	Y			
CHICKEN & AVOCADO BURGER																				
MAYONNAISE LIGHT	YES	NO						Y												Y
VEGAN BURGER SAUCE	YES	YES																		Y
SMOKEY TOMATO DIP	YES	YES													Y	Y				
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN BREAST	NO	NO																		
AVOCADO HALVES	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CHICKEN & AVOCADO BURGER	NO	NO	Y					Y	Y				Y	Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LAMB & FETA BURGER																				
SMOKEY TOMATO DIP	YES	YES																		
LAMB MINT FETA BURGER	NO	NO						Y				Y		Y	Y					
FETA CHEESE	YES	NO						Y												
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
MAYONNAISE LIGHT	YES	NO						Y								Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
MAYONNAISE LIGHT	YES	NO						Y											Y	
LAMB & FETA BURGER	NO	NO	Y					Y	Y				Y	Y	Y	Y				
MAC & CHEESE BURGER																				
ALE BBQ SAUCE	YES	NO			Y															
VEGAN BURGER SAUCE	YES	YES																		
MAC & CHEESE	YES	NO	Y						Y											Y
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
MAYONNAISE LIGHT	YES	NO						Y												Y
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
MAC & CHEESE BURGER	NO	NO	Y		Y			Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SURF & TURF BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
KING PRAWNS VIETNAMESE	NO	NO								Y										
CHEESE SLICES	YES	NO						Y												
BATTER MIX	YES	YES	Y																	
SKINNY CUT FRIES	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
MAYONNAISE LIGHT	YES	NO						Y								Y				
TETLEY SMOOTH	NO	NO																		
SURF & TURF BURGER	NO	NO	Y		Y			Y	Y		Y		Y		Y					
PIES																				
BEEF & DOOM BAR PIE																				
BEEF & ALE PIE	NO	NO	Y		Y			Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO														Y				
WHOLE GREEN BEANS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
BEEF & DOOM BAR PIE	NO	NO	Y		Y			Y	Y						Y					
CHICKEN & MUSHROOM PIE																				
CHICKEN & MUSHROOM PIE	NO	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO														Y				
WHOLE GREEN BEANS	YES	YES																		
CHICKEN & MUSHROOM PIE	NO	NO	Y					Y	Y						Y					
FAKE & ALE PIE																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y											Y				
POTATO MID	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y										Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICK, MOZZ & PESTO FILO PIE																				
CHICKEN PESTO FILO PIE	NO	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO						Y	Y											
POTATO MID	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHICK, MOZZ & PESTO FILO PIE																				
NO	NO	Y						Y	Y				Y			Y				
FISH																				
FISH & CHIPS SHOP PLATTER																				
TARTARE SAUCE	YES	NO						Y												Y
POLLOCK FILLETS	NO	NO								Y										
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SEASIDE MUSHY PEA BITES	NO	NO	Y		Y				Y											
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
BREAKFAST SAUSAGE	NO	NO	Y										Y							
FISH & CHIPS SHOP PLATTER																				
NO	NO	Y		Y				Y	Y	Y	Y		Y			Y				
BREADED SCAMPI & CHIPS WITH MUSHY PEAS																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
MUSHY PEAS	YES	YES																		
TARTARE SAUCE	YES	NO						Y												Y
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BREADED SCAMPI & CHIPS WITH MUSHY PEAS																				
NO	NO	Y						Y			Y									Y
BREADED SCAMPI & CHIPS WITH PEAS																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO						Y												Y
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BREADED SCAMPI & CHIPS WITH PEAS																				
NO	NO	Y						Y			Y									Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
TARTARE SAUCE	YES	NO					Y								Y					
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
TARTARE SAUCE	YES	NO					Y								Y					
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
TARTARE SAUCE	YES	NO					Y								Y					
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
TARTARE SAUCE	YES	NO					Y								Y					
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
LUXURY FISH PIE																				
FISH PIE MIX	NO	NO	Y					Y	Y	Y					Y					
GARDEN PEAS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
COLESRAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
LUXURY FISH PIE																				
FISH PIE MIX	NO	NO	Y					Y	Y	Y				Y	Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SALADS																				
BACON & BLUE CHEESE SALAD																				
STILTON	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y			Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
BACON & BLUE CHEESE SALAD	NO	NO	Y	Y				Y				Y			Y					
GRILLED HALLOUMI																				
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED HALLOUMI	YES	NO						Y				Y			Y					
GRILLED CHICKEN																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED CHICKEN	NO	NO										Y			Y					
PUDDINGS																				
WARM CHOCOLATE FONDANT																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y				Y	Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
WARM CHOCOLATE FONDANT	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LEMON TART																				
LEMON TART	NO	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO																		
FRESH HERBS MINT	YES	YES																		
LEMON TART																				
LEMON TART	NO	NO	Y					Y	Y											
CHOCOLATE CHURROS SUNDAE																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE CHURROS SUNDAE																				
CHOCOLATE CHURROS SUNDAE	YES	NO	Y					Y	Y									Y		Y
BAKED CHEESECAKE																				
DARK CHERRY COMPOTE	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
BAKED CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
CHOCOLATE FUDGE SENSATION CAKE																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
UHT WHIPPING CREAM	YES	NO							Y											
CHOCOLATE FUDGE SENSATION CAKE																				
CHOCOLATE FUDGE SENSATION CAKE	YES	NO						Y	Y											
MIXED BERRY PAVLOVA																				
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
RIPPLE PAVLOVA	YES	NO						Y												
MIXED BERRY PAVLOVA																				
MIXED BERRY PAVLOVA	YES	NO						Y	Y											
STICKY TOFFEE PUDDING																				
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
STICKY TOFFEE PUDDING																				
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
BRAMLEY APPLE BLACKBERRY CRUMBLE																				
APPLE & BLACKBRY COMPOTE	YES	NO										Y								
FLAPJACK CRUMBLE TOPPING	YES	YES			Y															
FRESH HERBS MINT	YES	YES																		
CUSTARD RTS	YES	NO							Y											
BRAMLEY APPLE BLACKBERRY CRUMBLE																				
BRAMLEY APPLE BLACKBERRY CRUMBLE	YES	NO			Y			Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE																				
CHOCOLATE SUNDAE MADE WITH CRUMBLLED KITKAT																				
KIT KAT 4 FINGER	YES	NO	Y				Y		Y											
KIT KAT CRUMB	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SUNDAE MADE WITH CRUMBLLED KITKAT																				
COCONUT SORBET																				
COCONUT MILK SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
COCONUT SORBET																				
TRIPLE CHOCOLATE BROWNIE																				
VANILLA ICE CREAM	YES	NO							Y											
CARAMEL SAUCE	YES	NO							Y											
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
TRIPLE CHOCOLATE BROWNIE																				
MINI PUDDINGS																				
GREEK YOGHURT CHOCOLATE TORTE																				
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
FRESH HERBS MINT	YES	YES																		
GREEK YOGHURT CHOCOLATE TORTE																				
STRAWBERRY CHEESECAKE																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
STRAWBERRY CHEESECAKE																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LEMON DRIZZLE CAKE																				
LEMON DRIZZLE CAKE MINI SQUARE	YES	NO	Y					Y	Y											
LEMON DRIZZLE CAKE	YES	NO	Y					Y	Y											
CHALKBOARD SPECIAL																				
FILLET STEAK																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
BEARNAISE SAUCE	YES	NO						Y	Y			Y								
PEPPERCORN SAUCE	NO	NO	Y						Y					Y						
DIANE SAUCE	NO	NO							Y					Y	Y					
8OZ FILLET STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
FILLET STEAK	NO	NO	Y					Y	Y			Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
WHITBREAD INNS KIDS MENU STARTERS																				
CHICKEN MEATBALLS																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
CHICKEN MEATBALLS	NO	NO																		
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
GARLIC BREAD	YES	NO	Y					Y												
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEGGIE STICKS	YES	NO						Y												
MAINS																				
CHICKEN CURRY																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
CHICKEN CURRY	NO	NO	Y					Y												
TOMATO PENNE PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PENNE PASTA	YES	NO	Y					Y												
POPPIN CHICKEN																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
POPPIN CHICKEN	NO	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
COD BITES																				
COD CUBES	NO	NO	Y						Y											
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
COD BITES																				
NO	NO	Y							Y											
BANGERS & MASH																				
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
BANGERS & MASH																				
NO	NO	Y						Y						Y						
VEGGIE BANGERS & MASH																				
VEGAN GRAVY	YES	YES																		
MASHED POTATO	YES	NO							Y											
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGGIE BANGERS & MASH																				
YES	NO	Y						Y	Y											
CHICKEN BURGER																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
BURGER BUN KIDS	YES	NO	Y						Y											
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
CHICKEN BURGER																				
NO	NO	Y						Y								Y				
TOMATO PASTA & CHICKEN MEATBALLS																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA & CHICKEN MEATBALLS																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEF BURGER																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF BURGER																				
	NO	NO	Y					Y												
SPAGHETTI BOLOGNESE																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
SPAGHETTI BOLOGNESE																				
	NO	NO	Y					Y						Y						
SWAPSIES																				
CHIPS																				
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS																				
	YES	YES																		
MINI JACKET POTATOES																				
POTATO MID	YES	YES																		
MINI JACKET POTATOES																				
	YES	YES																		
MASHED POTATO																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO																				
	YES	NO						Y												
BROWN RICE																				
BROWN RICE KIDS	YES	YES																		
BROWN RICE																				
	YES	YES																		
PEAS																				
GARDEN PEAS	YES	YES																		
PEAS																				
	YES	YES																		
BAKED BEANS																				
BAKED BEANS	YES	YES																		
BAKED BEANS																				
	YES	YES																		
MINI CORN ON THE COB																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS																				
SIDE SALAD																				
CUCUMBER	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SIDE SALAD																				
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
GARLIC BREAD																				
PUDS																				
MIXED FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
MIXED FRUIT SALAD																				
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH RASPBERRY SAUCE																				
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CHOCOLATE SAUCE																				
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CARAMEL SAUCE																				
STRAWBERRY YOGHURT																				
STRAWBERRY YOGHURT	YES	NO						Y												
STRAWBERRY YOGHURT																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STRAWBERRY FROZEN YOGHURT																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT																				
STRAWBERRY FROZEN YOGHURT	YES	NO	Y				Y		Y											
MINI DOUGHNUTS																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y				Y	Y	Y	Y										
CHOCOLATE SAUCE	YES	YES																		
MINI SMARTIES	NO	NO								Y										
MINI DOUGHNUTS																				
MINI DOUGHNUTS	NO	NO	Y				Y	Y	Y	Y										
PANCAKES																				
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y										
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
PANCAKES																				
PANCAKES	YES	NO	Y						Y	Y										
FUNNY FACE SUNDAE																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO								Y										
CUP CONES	YES	YES	Y					Y												
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO								Y										
FUNNY FACE SUNDAE																				
FUNNY FACE SUNDAE	NO	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SUNDAY CARVERY																				
TOPSIDE OF BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
SALTED BUTTER	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
TOPSIDE OF BEEF	NO	NO	Y					Y	Y					Y						
CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
SALTED BUTTER	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
CHICKEN	NO	NO	Y					Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAYTIME VALUE MENU																				
CHICKEN & HAM PIE																				
CHICKEN & HAM PIE	NO	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO													Y					
GARDEN PEAS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y	Y											
CHICKEN & HAM PIE	NO	NO	Y					Y	Y						Y	Y				
GAMMON STEAK WITH FRIED EGG																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK WITH FRIED EGG	NO	NO						Y												
GAMMON STEAK WITH PINEAPPLE RING																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK WITH PINEAPPLE RING	NO	NO																		
JACKET POTATO WITH CHEESE & BEANS																				
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
JACKET POTATO WITH CHEESE & BEANS	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
			Cereals Containing Gluten																	
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
HAND-BATTERED FISH & CHIPS																				
TARTARE SAUCE	YES	NO						Y			Y					Y				
POLLOCK FILLETS	NO	NO								Y										
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
HAND-BATTERED FISH & CHIPS																				
	NO	NO	Y					Y		Y						Y				
HAND-BATTERED HADDOCK & CHIPS																				
TARTARE SAUCE	YES	NO						Y								Y				
HADDOCK FILLET LARGE	NO	NO								Y										
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
HAND-BATTERED HADDOCK & CHIPS																				
	NO	NO	Y					Y		Y						Y				
8OZ RUMP STEAK																				
8OZ BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
8OZ RUMP STEAK																				
	NO	NO																		
SWEET POTATO & FETA LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SWEET POTATO & FETA LASAGNE																				
	YES	NO	Y					Y	Y					Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & BACON OPEN CLUB SANDWICH																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN & BACON OPEN CLUB SANDWICH	NO	NO	Y	Y			Y								Y					
BEEF STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES																		
CHEESE SLICES	YES	NO						Y												Y
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y				Y	Y					Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
BEEF STEAK BURGER WITH CHEESE	NO	NO	Y				Y	Y					Y	Y						Y
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES																		
CHEESE SLICES	YES	NO						Y												Y
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y				Y	Y					Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE BEEF STEAK BURGER WITH CHEESE	NO	NO	Y				Y	Y					Y	Y						Y
HAM, EGG & CHIPS																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
THICK CUT HAM SLICES	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAM, EGG & CHIPS	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAC & CHEESE																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MAC & CHEESE	YES	NO	Y					Y				Y			Y					
LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y	Y											
LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPSEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
PAPRIKA CHICKEN	NO	NO										Y			Y					
ADD A STARTER																				
CHICKEN GOUJONS																				
RAPSEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
CHICKEN GOUJONS	NO	NO	Y					Y												
SOUP OF THE DAY- LEEK & POTATO																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LEEK & POTATO	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- LEEK & POTATO	YES	YES	Y		Y															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SOUP OF THE DAY-MUSHROOM																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MUSHROOM SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY-MUSHROOM																				
SOUP OF THE DAY- BROCCOLI																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BROCCOLI SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- BROCCOLI																				
SOUP OF THE DAY- CARROT & CORIANDER																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & COR SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SOUP OF THE DAY- CARROT & CORIANDER																				
GARLIC & HERB BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
GARLIC & HERB BREADED MUSHROOMS																				
POTATO DIPPERS																				
UNSMOKED BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO							Y											
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
POTATO DIPPERS																				
ADD A PUDDING																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
WARM CHOCOLATE BROWNIE																				
CARAMEL APPLE PIE																				
CARAMEL APPLE BETTY	YES	NO	Y					Y	Y				Y							
CUSTARD RTS	YES	NO							Y											
CARAMEL APPLE PIE																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE																				
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	YES	NO					Y		Y											
MINI CHOCOLATE BROWNIE SUNDAE																				
CHOCOLATE SAUCE	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ROLLED WAFER BISCUIT	YES	NO	Y				Y	Y	Y											
CHOCOLATE BROWNIE	YES	NO	Y						Y	Y						Y			Y	
MINI CHOCOLATE BROWNIE SUNDAE																				
MINI CHOCOLATE BROWNIE SUNDAE	YES	NO	Y				Y	Y	Y							Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
EVENING VALUE STARTERS																					
GARLIC & HERB BREADED MUSHROOMS																					
RAPESEED OIL	YES	YES																			
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																		
BBQ SAUCE	YES	YES																			
ROCKET LEAF	YES	YES																			
GARLIC & HERB BREADED MUSHROOMS	NO	NO	Y																		
CHICKEN GOUJONS																					
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
ROCKET LEAF	YES	YES																			
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y												
CHICKEN GOUJONS	NO	NO	Y						Y												
SOUP OF THE DAY- LEEK & POTATO																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
LEEK & POTATO	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
SOUP OF THE DAY- LEEK & POTATO	YES	YES	Y		Y																
SOUP OF THE DAY-MUSHROOM																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
MUSHROOM SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
SOUP OF THE DAY-MUSHROOM	YES	YES	Y		Y																
SOUP OF THE DAY- BROCCOLI																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
BROCCOLI SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
SOUP OF THE DAY- BROCCOLI	YES	YES	Y		Y																
SOUP OF THE DAY- CARROT & CORIANDER																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
CARROT & COR SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
SOUP OF THE DAY- CARROT & CORIANDER	YES	YES	Y		Y																

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
MAINS																					
CHICKEN & HAM PIE																					
CHICKEN & HAM PIE	NO	NO	Y					Y	Y												
GRAVY CONCENTRATE	NO	NO													Y						
GARDEN PEAS	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y												
MASHED POTATO	YES	NO							Y												
CHICKEN & HAM PIE	NO	NO	Y					Y	Y						Y	Y					
HAND-BATTERED FISH & CHIPS																					
TARTARE SAUCE	YES	NO						Y													Y
POLLOCK FILLETS	NO	NO								Y											
LEMON CASE	YES	NO																			
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
BATTER MIX	YES	YES	Y																		
GARDEN PEAS	YES	YES																			
HAND-BATTERED FISH & CHIPS	NO	NO	Y					Y		Y											Y
HAND-BATTERED HADDOCK & CHIPS																					
TARTARE SAUCE	YES	NO						Y													Y
HADDOCK FILLET LARGE	NO	NO								Y											
LEMON CASE	YES	NO																			
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
BATTER MIX	YES	YES	Y																		
GARDEN PEAS	YES	YES																			
HAND-BATTERED HADDOCK & CHIPS	NO	NO	Y					Y		Y											Y
LASAGNE																					
GARLIC BREAD SLICES	YES	NO	Y						Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
GAMMON STEAK WITH FRIED EGG																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
CAGE FREE MED BARN EGGS	YES	NO					Y														
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH FRIED EGG																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
GAMMON STEAK WITH PINEAPPLE RING																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y				Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE BEEF STEAK BURGER WITH CHEESE	NO	NO	Y					Y	Y				Y	Y		Y				
MAC & CHEESE																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MAC & CHEESE	YES	NO	Y					Y				Y				Y				
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
PAPRIKA CHICKEN	NO	NO										Y				Y				
PUDDINGS																				
CARAMEL APPLE PIE																				
CARAMEL APPLE BETTY	YES	NO	Y					Y	Y			Y								
CUSTARD RTS	YES	NO							Y											
CARAMEL APPLE PIE	YES	NO	Y					Y	Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
DAIRY ICE CREAM WITH CARAMEL SAUCE																					
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y												
DAIRY ICE CREAM WITH RASPBERRY SAUCE																					
RASPBERRY SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y												
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE																					
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y												
VANILLA ICE CREAM	YES	NO							Y												
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	YES	NO					Y		Y												
MINI CHOCOLATE BROWNIE SUNDAE																					
CHOCOLATE SAUCE	YES	YES																			
CHOCSTIX	YES	NO					Y		Y												
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
ROLLED WAFER BISCUIT	YES	NO	Y				Y	Y	Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y	Y							Y		Y		
MINI CHOCOLATE BROWNIE SUNDAE	YES	NO	Y				Y	Y	Y								Y		Y		
WARM CHOCOLATE BROWNIE																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SUNDAY ROAST																				
TOPSIDE OF BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
SALTED BUTTER BLOCK	YES	NO																		
BEEF TOPSIDE JOINT	NO	NO																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO											Y							
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SHREDDED SAVOY CABBAGE	YES	YES																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO											Y							
TOPSIDE OF BEEF																				
	NO	NO	Y				Y	Y					Y		Y					
SLOW-COOKED PORK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO																		
SHREDDED SAVOY CABBAGE	YES	YES																		
SLOW COOKED PORK COLLAR	NO	NO																		
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO											Y							
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO											Y							
SLOW-COOKED PORK																				
	NO	NO	Y				Y	Y					Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALF ROASTED CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
HALF ROASTED CHICKEN	NO	NO	Y					Y	Y			Y		Y						
FAKE AND ALE PIE																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y									Y						
WHOLE GREEN BEANS	YES	YES																		
SUNDAY ROAST STUFFING	YES	YES	Y																	
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
GARDEN PEAS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SHREDDED SAVOY CABBAGE	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROCK SALT	YES	YES																		
FAKE AND ALE PIE	YES	NO	Y		Y			Y	Y					Y						
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BUFFET MENU																				
BUFFET 1																				
SANDWICHES																				
CHEESE & TOMATO																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					
HAM & MUSTARD																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO							Y											
TOTAL HAM & MUSTARD	NO	NO	Y		Y				Y						Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y		Y				Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
POP IN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
TOTAL POP IN CHICKEN	NO	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOTAL GARLIC BREAD	YES	NO	Y					Y												
MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
BUFFET 2 SANDWICHES																				
CHEESE & TOMATO																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y	Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAM & MUSTARD																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
TOTAL HAM & MUSTARD	NO	NO	Y		Y			Y							Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER BLOCK	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y	Y					Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
TOTAL ONION RINGS	NO	NO	Y		Y															
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
BUFFET 3 SANDWICHES																				
CHEESE & TOMATO																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y	Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & BACON																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
LEMON CASE	YES	NO																		
TOTAL CHICKEN & BACON	NO	NO	Y		Y			Y	Y						Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER BLOCK	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO									Y									
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y		Y				Y					
GARLIC BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
TOTAL CHICKEN GOUJONS	NO	NO	Y						Y											
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												
MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOTAL MIXED SALAD	YES	YES										Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
TOTAL ONION RINGS	NO	NO	Y		Y															
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TEMPURA PRAWNS	NO	NO	Y							Y										
BEETROOT, ONION & VEGETABLE TARTLETS																				
BEETROOT & ONION TART	YES	YES	Y																	
BEETROOT, ONION & VEGETABLE TARTLETS	YES	YES	Y																	
POTATO DIPPERS																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL POTATO DIPPERS	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PIGS IN BLANKETS																				
PIGS IN BLANKETS	NO	NO																		
PIGS IN BLANKETS	NO	NO											Y							
DESSERTS																				
CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CHOCOLATE SAUCE	YES	YES																		
TOTAL CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
TOTAL PROFITEROLES	YES	NO	Y					Y	Y											
BANOFFEE BITES																				
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
BANOFFEE BITES	YES	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
WHITBREAD INNS AUTUMN DRINKS																				
WHITELEY NEILL BLACKBERRY GIN																				
WHITLEY NEILL BLACKBERRY GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
WHITELEY NEILL BLACKBERRY GIN	YES	NO																		
TANQUERY GIN & TONIC																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
TANQUERY GIN & TONIC	YES	NO																		
SIPSMITH GIN & TONIC																				
SIPSMITH GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
SIPSMITH GIN & TONIC	YES	NO																		
GORDONS GIN & TONIC																				
GORDONS GIN	NO	NO																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
GORDONS GIN & TONIC	NO	NO																		
HENDRICKS GIN																				
HENDRICKS	YES	YES																		
BVC TONIC WATER	YES	YES																		
CUCUMBER	YES	YES																		
HENDRICKS GIN	YES	YES																		
BOMBAY SAPPHIRE GIN																				
BOMBAY SAPPHIRE	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
BOMBAY SAPPHIRE GIN	YES	NO																		
GORDONS PINK GIN																				
GORDONS PINK GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
GORDONS PINK GIN	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TANQUERY FLOR DE SEVILLA																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
ORANGE MEDIUM	YES	NO																		
TANQUERY FLOR DE SEVILLA																				
TANQUERAY FLOR DE SEVILLA	YES	NO																		
WARNER EDWARDS RHUBARB GIN																				
WARNER EDWARDS RHUBARB GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
WARNER EDWARDS RHUBARB GIN																				
WARNER EDWARDS RHUBARB GIN	YES	NO																		
ALTERNATIVE TONICS																				
FEVER TREE TONIC	YES	YES																		
FEVER TREE LIGHT TONIC	YES	YES																		
FEVER TREE GINGER BEER	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
FEVERTREE ELDERFLOWER TONIC	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
BVC TONIC WATER	YES	YES																		
DRAUGHT																				
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
THATCHERS	YES	YES			Y							Y								
STELLA 4.8%	YES	YES			Y							Y								
SAN MIGUEL	YES	YES			Y							Y								
GUINNESS	NO	NO			Y							Y								
DOOM BAR CASK	NO	NO			Y							Y								
HOP HOUSE 13	NO	NO	Y	Y	Y	Y														

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREAKFAST MENU																				
ACCOMPANIMENTS																				
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
ALPRO SOYA DRINK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
FULL BREAKFAST																				
BACON																				
UNSMOKED BACK BACON	NO	NO																		
TOTAL BACON	NO	NO																		
SAUSAGE																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
TOTAL SAUSAGE	NO	NO	Y									Y								
VEGETARIAN SAUSAGE																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
TOTAL VEGETARIAN SAUSAGE	YES	NO	Y					Y	Y											
SCRAMBLED EGG																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
TOTAL SCRAMBLED EGG	YES	NO						Y	Y											
FRIED EGG																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL FRIED EGG	YES	NO						Y												
POACHED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL POACHED EGG	YES	NO						Y												
BOILED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL BOILED EGG	YES	NO						Y												
OMELETTE																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL OMELETTE	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HASH BROWNS																				
HASH BROWNS	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL HASH BROWNS	YES	YES																		
BUBBLE AND SQUEAK																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES						Y												
TOTAL BUBBLE AND SQUEAK	YES	NO						Y												
BLACK PUDDING																				
BLACK PUDDING	NO	NO	Y		Y															
TOTAL BLACK PUDDING	NO	NO	Y		Y															
MUSHROOMS WITH BUTTER																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
TOTAL MUSHROOMS WITH BUTTER	YES	NO						Y												
TOMATO																				
TOMATO M	YES	YES																		
TOTAL TOMATO	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO (RATIONAL)																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL TOMATO (RATIONAL)	YES	YES																		
BEANS																				
BAKED BEANS	YES	YES																		
TOTAL BEANS	YES	YES																		
CONTINENTAL BREAKFAST																				
BAKERY																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y					Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y						Y	Y										
delisted SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO							Y											
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y										
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS	YES	YES																		
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
delisted ASSORTED JAM PORTIONS- RASPBERRY																				
delisted ASSORTED JAM PORTIONS- BLACKCURRANT																				
delisted ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
FRUITS																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES											Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
YOGHURTS AND CEREALS																				
STRAWBERRY YOGHURT	YES	NO							Y											
VANILLA YOGHURT	YES	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y														Y	
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y			Y				Y							
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y	Y														
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y														
PORRIDGE WITH COWS' MILK																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
TOTAL PORRIDGE WITH COWS' MILK	YES	NO				Y			Y											
PORRIDGE WITH ALPRO SOYA DRINK																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
ALPRO SOYA DRINK	YES	YES					Y													
TOTAL PORRIDGE WITH ALPRO SOYA DRINK	YES	YES				Y	Y													
DRINKS																				
TEAS PLEASE SEE TWINNINGS WEBSITE																				
COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE																				
FRUIT JUICES & SMOOTHIES																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE DRINK	YES	YES											Y							
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans