

Whitbread PUBs



COOKHOUSE+PUB

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans

COOKHOUSE+PUB



| Product Description | Dietary Choices | | Allergens Present | | | | | | | | | | | | | | | | | |
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| PUB AUTUMN WINTER DRINKS | | | | | | | | | | | | | | | | | | | | |
| COCKTAILS | | | | | | | | | | | | | | | | | | | | |
| APEROL SPRITZ | NO | NO | | | | | | | | | | | | | | | | | | Y |
| PORNSTAR MARTINI | NO | NO | | | | | | | | | | | | | | | | | | Y |
| SEX ON THE BEACH | NO | NO | | | | | | | | | | | | | | | | | | |
| ZOMBIE | NO | NO | | | | | | | | | | | | | | | | | | Y |
| BERRY MARGARITA | YES | YES | | | | | | | | | | | | | | | | | | |
| PINA COLADA | YES | NO | | | | | | Y | | | | | | | | | | | | |
| THE GODFATHER | YES | NO | | | | | | | | | | | | | | | | | | |
| BLUE LAGOON | NO | NO | | | | | | | | | | | | | | | | | | Y |
| VIRGIN COCKTAIL | | | | | | | | | | | | | | | | | | | | |
| NO-PASSION-TINI | NO | NO | | | | | | | | | | | | | | | | | | |
| MOCKTAILS | | | | | | | | | | | | | | | | | | | | |
| APPLE & RASPBERRY SMASH | YES | YES | | | | | | | | | | | | | | | | | | |
| PASSION & SPICE | YES | NO | | | | | | | | | | | | | | | | | | |
| ORANGE FIZZ | YES | YES | | | | | | | | | | | | | | | | | | |
| GIN SERVES | | | | | | | | | | | | | | | | | | | | |
| BERRY GOOD GIN | YES | NO | | | | | | | | | | | | | | | | | | |
| SPICED RHUBARB FIZZ | YES | NO | | | | | | | | | | | | | | | | | | |
| LEMON SHERBET | YES | NO | | | | | | | | | | | | | | | | | | |
| CITRUS ORANGE FIZZ | YES | YES | | | | | | | | | | | | | | | | | | |
| SPIRITS | | | | | | | | | | | | | | | | | | | | |
| GIN | | | | | | | | | | | | | | | | | | | | |
| TARQUIN'S RHUBARB & RASPBERRY GIN 70CL | YES | YES | | | | | | | | | | | | | | | | | | |
| TARQUIN'S BRITISH BLACKBERRY GIN | YES | NO | | | | | | | | | | | | | | | | | | |
| WHIT NEILL RHUBARB & GINGER 70CL | YES | YES | | | | | | | | | | | | | | | | | | |
| WHITLEY NEILL RASPBERRY | YES | YES | | | | | | | | | | | | | | | | | | |
| TANQUERAY SEVILLA ORANGE | YES | YES | | | | | | | | | | | | | | | | | | |
| BOMBAY CITRON PRESSE | YES | YES | | | | | | | | | | | | | | | | | | |
| BOMBAY SAPPHIRE | YES | YES | | | | | | | | | | | | | | | | | | |
| HENDRICKS 70CL | YES | YES | | | | | | | | | | | | | | | | | | |
| RUM | | | | | | | | | | | | | | | | | | | | |
| CAPTAIN MORGAN SPICED RUM | NO | NO | | | | | | | | | | | | | | | | | | |
| CAPTAIN MORGAN DARK RUM | NO | NO | | | | | | | | | | | | | | | | | | |
| CAPTAIN MORGAN WHITE 6X70CL | YES | NO | | | | | | | | | | | | | | | | | | |
| MOUNT GAY ECLIPSE RUM | YES | YES | | | | | | | | | | | | | | | | | | |

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| WHISKEY/ WHISKY | | | | | | | | | | | | | | | | | | | | |
| JAMESON IRISH WHISKEY | YES | YES | | | | | | | | | | | | | | | | | | |
| JACK DANIELS NO.7 | YES | YES | | | | | | | | | | | | | | | | | | |
| JACK DANIELS NO.7 | YES | YES | | | | | | | | | | | | | | | | | | |
| JOHNNIE WALKER RED LABEL | YES | YES | | | | | | | | | | | | | | | | | | |
| GLENFIDDICH MALT 12 YO | YES | YES | | | | | | | | | | | | | | | | | | |
| TALISKER | NO | NO | | | | | | | | | | | | | | | | | | |
| SHANKYS WHISKEY BLEND | YES | YES | | | | | | | | | | | | | | | | | | |
| VODKA | | | | | | | | | | | | | | | | | | | | |
| SMIRNOFF RED | NO | NO | | | | | | | | | | | | | | | | | | |
| ABSOLUT ORIGINAL 70CL | YES | YES | | | | | | | | | | | | | | | | | | |
| ABSOLUT RASPBERRI 70CL | YES | YES | | | | | | | | | | | | | | | | | | |
| MIXERS | | | SEE BOTTLE FOR ALLERGENS | | | | | | | | | | | | | | | | | |
| SHOTS | | | | | | | | | | | | | | | | | | | | |
| SIERRA TEQUILA SILVER | YES | YES | | | | | | | | | | | | | | | | | | |
| SIERRA TEQUILA REPOSADO | YES | YES | | | | | | | | | | | | | | | | | | |
| ANTICA CLASSIC SAMBUCA | YES | YES | | | | | | | | | | | | | | | | | | |
| ANTICA BLACK SAMBUCA | YES | YES | | | | | | | | | | | | | | | | | | |
| ANTICA RASPBERRY SAMBUCA | YES | YES | | | | | | | | | | | | | | | | | | |
| TEQUILA ROSE | YES | NO | | | | | | | | Y | | | | | | | | | | |
| BOMBS | | | | | | | | | | | | | | | | | | | | |
| JAGERBOMB | NO | NO | | | | | | | | | | | | | | | | | | |
| SKITTLE BOMB | NO | NO | | | | | | | | | | | | | | | | | | |
| BERRY BOMB | YES | NO | | | | | | | | | | | | | | | | | | |
| WINES | | | | | | | | | | | | | | | | | | | | |
| REFRESHING WHITES | | | | | | | | | | | | | | | | | | | | |
| THE NED, SAUVIGNON BLANC | YES | YES | | | | | | | | | | | | | | | | | | Y |
| MUD HOUSE, SAUVIGNON BLANC | NO | NO | | | | | | | | | | | | | | | | | | Y |
| JAM SHED CHARDONNAY | NO | NO | | | | | | | Y | Y | Y | | | | | | | | | Y |
| CATARRATTO, PINOT GRIGIO | NO | NO | | | | | | | | | | | | | | | | | | Y |
| ANDREW PEACE CHARDONNAY | YES | NO | | | | | | | | Y | | | | | | | | | | Y |
| VISTAMAR MATINAL, SAUVIGNON BLANC | NO | NO | | | | | | | | | | | | | | | | | | Y |
| DIAMOND BAY, CHENIN BLANC | NO | NO | | | | | | | | | Y | | | | | | | | | Y |

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| SUMPTUOUS REDS | | | | | | | | | | | | | | | | | | | | |
| CAMPO VIEJO, RIOJA | NO | NO | | | | | | | | | | | | | | | | | | Y |
| FLAGSTONE POETRY MERLOT | NO | NO | | | | | | | | | | | | | | | | | | Y |
| JAM SHED SHIRAZ | NO | NO | | | | | | Y | Y | | | | | | | | | | | Y |
| FINCA DEL ALTA MALBEC | YES | YES | | | | | | | | | | | | | | | | | | Y |
| ANDREW PEACE SHIRAZ | YES | YES | | | | | | | | | | | | | | | | | | Y |
| VISTAMAR MATINAL, MERLOT | YES | YES | | | | | | | | | | | | | | | | | | Y |
| CRISP ROSE | | | | | | | | | | | | | | | | | | | | |
| THE NED, ROSÉ | YES | YES | | | | | | | | | | | | | | | | | | Y |
| MUD HOUSE, SAUVIGNON ROSÉ | NO | NO | | | | | | | | | | | | | | | | | | Y |
| VINO POMONA, ROSATO | NO | NO | | | | | | | | | | | | | | | | | | Y |
| JACK RABBIT WHITE ZINFANDEL 75CL | NO | NO | | | | | | | | | | | | | | | | | | Y |
| LOVELY BUBBLY | | | | | | | | | | | | | | | | | | | | |
| JACK RABBIT, PROSECCO | YES | YES | | | | | | | | | | | | | | | | | | Y |
| JAM SHED, SPARKLING ROSÉ | NO | NO | | | | | | Y | Y | | | | | | | | | | | Y |
| VINA POMONA PROSECCO | NO | NO | | | | | | | | | | | | | | | | | | Y |
| ROSÉ PROSECCO | NO | NO | | | | | | | | | | | | | | | | | | Y |
| PROSECCO FOR ONE | NO | NO | | | | | | | | | | | | | | | | | | Y |
| SPRITZERS | | | | | | | | | | | | | | | | | | | | |
| FRENCH 75 WITH A TWIST | NO | NO | | | | | | | | | | | | | | | | | | Y |
| BRAMBLE SPRITZ | NO | NO | | | | | | | | | | | | | | | | | | Y |
| RASPBERRY & BLOOD ORANGE SPRITZ | NO | NO | | | | | | | | | | | | | | | | | | Y |
| BEER & CIDER FROM THE TAP | | | | | | | | | | | | | | | | | | | | |
| CARLING | NO | NO | Y | | | Y | | | | | | | | | | | | | | Y |
| COORS LIGHT DRAUGHT | NO | NO | Y | | | Y | | | | | | | | | | | | | | Y |
| STELLA ARTOIS 50L KEG | YES | YES | | | | Y | | | | | | | | | | | | | | Y |
| MADRI EXCEPCIONAL | NO | NO | Y | | | Y | | | | | | | | | | | | | | Y |
| MORETTI 50L | YES | YES | | | | Y | | | | | | | | | | | | | | Y |
| GUINNESS | NO | NO | | | | Y | | | | | | | | | | | | | | Y |
| STRONGBOW DGT NEW | YES | YES | | | | Y | | | | | | | Y | | | | | | | Y |
| TENNENTS LAGER DGT (SCOTLAND ONLY) | NO | NO | Y | | | Y | | | | | | | | | | | | | | Y |
| BELHAVEN BEST (SCOTLAND ONLY) | NO | NO | | | | Y | | | | | | | | | | | | | | Y |
| HARP (NORTHERN IRELAND ONLY) | | | | | | Y | | | | | | | | | | | | | | Y |
| CARLSBERG (NORTHERN IRELAND ONLY) | YES | YES | | | | Y | | | | | | | | | | | | | | Y |
| ROCKSHORE IRISH LAGER (NORTHERN IRELAND ONLY) | | | | | | Y | | | | | | | | | | | | | | Y |
| SMITHWICKS (NORTHERN IRELAND ONLY) | | | | | | Y | | | | | | | | | | | | | | Y |
| HOP HOUSE 13 (NORTHERN IRELAND ONLY) | YES | YES | | | | Y | | | | | | | | | | | | | | Y |
| GUINNESS (NORTHERN IRELAND ONLY) | YES | YES | | | | Y | | | | | | | | | | | | | | Y |

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| ADD A CHASER TO YOU PINT | | | | | | | | | | | | | | | | | | | | |
| BELLS 70CL | YES | NO | | | | | | | | | | | | | | | | | | |
| JAMESON IRISH WHISKEY | YES | YES | | | | | | | | | | | | | | | | | | |
| JACK DANIELS NO.7 | YES | YES | | | | | | | | | | | | | | | | | | |
| OTHER BEER & CIDER | | SEE BOTTLE FOR ALLERGENS | | | | | | | | | | | | | | | | | | |
| HOUSE SODAS | | | | | | | | | | | | | | | | | | | | |
| LEMON SHERBET | YES | YES | | | | | | | | | | | | | | | | | | |
| RASPBERRY | YES | YES | | | | | | | | | | | | | | | | | | |
| WATERMELON | YES | YES | | | | | | | | | | | | | | | | | | |
| POSH LIME & SODA | YES | NO | | | | | | | | | | | Y | | | | | | | |
| RASPBERRY, RHUARB & ORANGE BLOSSOM SODA | YES | NO | | | | | | | | | | | | | | | | | | |
| DRAUGHT SOFT DRINKS | | | | | | | | | | | | | | | | | | | | |
| DIET COKE | YES | YES | | | | | | | | | | | | | | | | | | |
| COCA COLA ZERO SUGAR | YES | YES | | | | | | | | | | | | | | | | | | |
| SCHWEPPES DIET LEMONADE 12L | YES | YES | | | | | | | | | | | | | | | | | | |
| FANTA ORANGE ZERO | YES | YES | | | | | | | | | | | | | | | | | | |
| SPRITE ZERO | YES | YES | | | | | | | | | | | | | | | | | | |
| FLAVOURED SHOTS CHERRY 2LTR BIB | YES | YES | | | | | | | | | | | | | | | | | | |
| FLAVOURED SHOTS LIME 2LTR BIB | YES | YES | | | | | | | | | | | | | | | | | | |
| FLAVOURED SHOTS VANILLA 2LTR BIB | YES | YES | | | | | | | | | | | | | | | | | | |
| COCOA COLA CLASSIC 12L | YES | YES | | | | | | | | | | | | | | | | | | |
| OTHER SOFT DRINKS | | SEE BOTTLE FOR ALLERGENS | | | | | | | | | | | | | | | | | | |
| HOT DRINKS | | | | | | | | | | | | | | | | | | | | |
| LATTE | YES | NO | | | | | | | | | | | Y | | | | | | | |
| CAPPUCCINO | YES | NO | | | | | | | | | | | Y | | | | | | | |
| FLAT WHITE | YES | NO | | | | | | | | | | | Y | | | | | | | |
| BLACK AMERICANO | YES | YES | | | | | | | | | | | | | | | | | | |
| WHITE AMERICANO | YES | NO | | | | | | | | | | | | | | | | | | |
| ESPRESSO | YES | YES | | | | | | | | | | | | | | | | | | |
| DOUBLE ESPRESSO | YES | YES | | | | | | | | | | | | | | | | | | |
| HOT CHOCOLATE | YES | NO | | | | | | | | | | | | | | | | | | |
| HOT CHOCOLATE WITH CREAM | YES | NO | | | | | | | | | | | | | | | | | | |

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| TEA | | | | | | | | | | | | | | | | | | | | |
| SEMI SKIMMED MILK | YES | NO | | | | | | | Y | | | | | | | | | | | |
| PG TIPS ENGLISH BREAKFAST TEA | YES | YES | | | | | | | | | | | | | | | | | | |
| PG TIPS PEPPERMINT TEA | YES | YES | | | | | | | | | | | | | | | | | | |
| PG TIPS RASPBERRY TEA | YES | YES | | | | | | | | | | | | | | | | | | |
| PG TIPS CAMOMILE TEA | YES | YES | | | | | | | | | | | | | | | | | | |
| PG TIPS GREEN TEA | YES | YES | | | | | | | | | | | | | | | | | | |
| MINOR FIGURES BARISTA OAT | YES | YES | | | | Y | | | | | | | | | | | | | | |
| SYRUPS | | | | | | | | | | | | | | | | | | | | |
| SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP | YES | YES | | | | | | | | | | | | | | | | | | |
| SWEETBIRD VANILLA SUGAR FREE SYRUP | YES | YES | | | | | | | | | | | | | | | | | | |
| SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP | YES | YES | | | | | | | | | | | | | | | | | | |
| AFTER DINNERS DRINKS | | | | | | | | | | | | | | | | | | | | |
| TOFFEE NUT LATTE | YES | NO | | | | | | | Y | | | | | | | | | | | |
| BLACK FOREST HOT CHOCOLATE | YES | NO | | | | | Y | | Y | | | Y | | | | | | | | |
| IRISH COFFEE | YES | NO | | | | | | | Y | | | | | | | | | | | |
| BAILEYS LATTE | NO | NO | | | | | | | Y | | | | | | | | | | | |