



Whitbread Inns

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR WHITBREAD INNS ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
AFTERNOON TEA																										
CHOCOLATE BISCUIT CAKE	Yes				Yes	Yes																			No	Yes
Chocolate Biscuit Cake	Yes				Yes	Yes																			No	Yes
MINI LEMON DRIZZLE CAKE	Yes					Yes	Yes																		No	Yes
Mini Lemon Drizzle Cake (10001746)	Yes					Yes	Yes																		No	Yes
Icing Sugar (43917)																									Yes	Yes
STRAWBERRIES																									Yes	Yes
Strawberries (54259)																									Yes	Yes
SCONES	Yes				Yes	Yes	Yes																		No	Yes
Scones	Yes				Yes	Yes	Yes																		No	Yes
STRAWBERRY JAM PORTIONS																									Yes	Yes
Assorted Jam Portions (10001621)																									Yes	Yes
CLOTTED CREAM							Yes																		No	Yes
Clotted Cream (10003268)							Yes																		No	Yes
CHEESE & TOMATO SANDWICH	Yes						Yes																		No	Yes
Tomato M (54216)																									Yes	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Cheese Slices (51545)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
CUCUMBER SANDWICH	Yes						Yes																		No	Yes
Cucumber Cat II (54220)																									Yes	Yes
White Sandwich Tin Bread (51367)	Yes																								Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
HAM SANDWICH	Yes		Yes				Yes																		No	No
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Ham Sliced																									No	No
Salted Block Butter (10001077)							Yes																		No	Yes
CORONATION CHICKEN SANDWICH	Yes		Yes		Yes	Yes						Yes			Yes										No	No
Chicken Breast Fillets (52693)																									No	No
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																						Yes	Yes
Mayonnaise Light (54568)					Yes					Yes															No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
CORONATION MAYO															Yes										Yes	Yes