



Our recommended signature dishes  
where you see the  symbol

The meals on this menu are made with ingredients which do not intentionally contain gluten.  
However, we handle gluten-containing ingredients in our kitchens so we cannot guarantee our dishes are 100% gluten-free.  
Please ensure you make your server aware when ordering from this menu.

# NGCI Main Menu

## Starters

### Tomato Soup

Served with non-gluten-containing bread (291kcal)

Vegan option available, just ask  (199kcal)

### Loaded Nachos

With nacho cheese sauce, tomato salsa & reduced-fat soured cream (471kcal)

Vegan option available, just ask  (527kcal)

## Mains

### Steaks

British & Irish steak served with grilled tomato, peas, skin-on chips or mixed salad (653kcal with chips or 418kcal with salad)

#### 8oz\* Rump

#### 8oz\* Sirloin

#### 7oz\* Gammon Steak

With skin-on chips, peas, grilled tomato (661kcal)  
& your choice of two fried eggs (+216kcal),  
two grilled pineapple rings (+44kcal) or one of each (+130kcal)

### Burgers

All our burgers are served in a non-gluten-containing brioche bun with skin-on chips & coleslaw, unless otherwise stated.  
Swap your bun for a fresh mixed salad (-125kcal)

### Big Stack Burger

Two 1/4lb\* steak burgers, Cheddar, gherkin, red onion, lettuce & burger sauce (1,231kcal)

### Cheese & Bacon Burger

A 1/4lb\* steak burger with red onion, lettuce, tomato & burger sauce (957kcal)

### Burger additions & upgrades

1/4lb\* Steak Burger (+214kcal), 2 Streaky Bacon Rashers (+63kcal)  
Cheese Slice  (+83kcal)

## Pub Classics

### Smothered Chicken

Topped with bacon, cheese & smoky BBQ sauce.  
Served with skin-on chips, coleslaw & a salad garnish (738kcal)

ADD an extra smothered chicken for (+325kcal)

### Chicken Tikka Curry

Served with rice. (534kcal)

### Bombay Hash

Sweet potato & red pepper hash with a masala ketchup, served with rice (607kcal)

### Burrito Bowl

Smoky chipotle & lime rice with tortilla chips, cherry tomatoes, shredded lettuce, reduced-fat soured cream, tomato salsa & coriander (668kcal)

choose from BBQ Seasoned 4oz\* Rump (+166kcal)

BBQ Seasoned Chicken Breast (+161kcal)

### Cobb Salad

Shredded lettuce, red pepper, cucumber, cherry tomatoes & sweetcorn (101kcal)

### ADD your choice of dressing:

French Dressing  (+66kcal),

Reduced-Calorie Caesar Dressing  (+83kcal)

ADD Chargrilled Chicken (+155kcal)

## Sides

Skin-on Chips  (277kcal)

Mixed Side Salad  (42kcal)

Coleslaw  (154kcal)

## Desserts

### Ice Cream Sundae with Cadbury® Dairy Milk Caramel Nibbles

With chocolate & caramel sauces & a chocolate flake. (509kcal)

### Rhubarb & Custard Sundae

With vanilla ice cream & crushed meringue (459kcal)

### Fruit Salad

(106kcal)

### Banoffee Cheesecake

Topped with banana, caramel sauce & crumbled chocolate flake. Served with vanilla ice cream (782kcal)

Adults need around 2,000kcal per day



# NGCI Kids

At least 2 of your 5 a day in every main when served with two sides!



We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever Nutritionist.

- 100% responsibly-sourced fish
- 100% chicken breast
- 100% UK & Irish beef
- No genetically-modified ingredients

- To provide carefully controlled levels of calories, fat, saturates, sugar & salt
- To meet the nutritional needs of children
- To include 2 of their 5-a-day in all our main meals
- To offer yummy vegetarian options
- To never use artificial colours or flavours
- To offer a range of no-added sugar drinks

## Pick a Starter and a Main: Smaller Appetites, Larger Appetites

### 1 Get started

#### Tortilla Chips

Served with a cucumber, yoghurt & mint dip & diced tomatoes (165kcal).

Vegan option available, just ask (150kcal)

#### Veggie Sticks

Served with a cucumber, yoghurt & mint dip (31kcal)

### + Choose two yummy sides

Baked Beans (41kcal) Peas (47kcal)

Mini Salad (28kcal) 2 Mini Corn on the Cobs (48kcal)

### 2 Grab a main

#### Smaller Appetites

##### Grilled Chicken Breast

Served with skin-on chips (235kcal)

Swap your Skin-on Chips (158kcal) for Mash (110kcal) or Mini Jacket Potatoes (155kcal)

#### Larger Appetites

##### Grilled Chicken Breast Burger

Served in a non-gluten-containing burger bun with skin-on chips (412kcal)

##### Beef Burger

Served in a non-gluten-containing burger bun with skin-on chips (549kcal)

### Add a pudding

#### Berry Blast Sundae

Frozen strawberry yoghurt, mixed berries, a whip of cream & sprinkles (125kcal)

#### Vanilla Ice Cream

Topped with a crumbled chocolate flake (146kcal)

#### Fruit Salad

(50kcal)

#### Pip Organic Ice Lolly

Choose from Rainbow Fruity (18kcal) or Berry (16kcal)

# NGCI Sunday Roast

Tuck in to the best roast in town! Served every Sunday 12-6pm

Choose from our 3 succulent meats. Can't decide? Why not have all 3? (1055kcal)

## Roasts

#### Beef

Sourced from British & Irish farms (1,125kcal)

#### Turkey

Succulent & tender (982kcal)

#### Gammon

Roasted until golden (1,059kcal)

All our roasts are served with crispy roast potatoes, a selection of vegetables & gravy, unless otherwise stated.

## Kids' Roasts

Choose from our 3 delicious meats:

Served with crispy roast potatoes, gravy and a selection of vegetables, unless otherwise stated.

Beef (585kcal)

Turkey (489kcal)

Gammon (540kcal)



We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p

Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



Adults need around 2,000kcal per day. Children between 5-10 years old need around 1,800kcal per day.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. \*Approx weight uncooked. ♻️ Suitable for vegetarians. ♻️ Suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. ♻️ May contain fruit stones. All prices include VAT at current rate. ♻️ Fish, meat, and poultry dishes may contain bones/shell. Cadbury® is a registered trademark of Mondelez International used under licence. All subject to availability. All our Kids' dishes meet our children's nutrition criteria. 1 of your 5 a day. 2 of your 5 a day. 1 of 5 a day is a minimum of 40g of fruit or vegetables, or 150ml pure juice. Calorie information on an average serving for each dish is provided to help you make an informed choice. Children between 5-10 years old need around 1,800kcal a day, this will vary by age and some children will need less, and some will need more. Full nutrition information is available on our website. Great Ormond Street Hospital Children's Charity. Registered charity no. 1160024. Price promotions excluded from charity donation.

