uden Menu Relish the moment

Starters

Sharing Platter[§]

Buttermilk & rosemary chicken goujons, garlic & herb breaded mushrooms, beer-battered onion rings, mozzarella bites and slices of garlic bread with spicy mayo, BBQ sauce and reduced fat soured cream

Add Chicken Wings for 2.99

Garlic & Herb **Breaded Mushrooms** 4.99

Served with a smoky BBQ dip

Trash Can Nachos V

Our house-baked tortilla chips layered with mature Cheddar cheese sauce and mozzarella. Topped with fresh red chilli and spring onions. Served with tomato salsa and reduced fat soured cream

Add buttermilk & rosemary chicken goujons for £1.99

Potato Dippers

Topped with melted mozzarella, Cheddar cheese, bacon and spring onions. Served with a reduced fat soured cream dip

Rosemary & Buttermilk Chicken Goujons

Served with a smoky BBQ dip

Chicken Wings§ 5.49 Served with a smoky BBQ dip

Cauliflower Bites V 🗗 🦴 4.99 Served with Piri Piri dip Fewer than

300 calories Mozzarella Bites 4.99

With smoky chilli ketchup dip

Mains

Fewer than 600 calories

Chicken & Bacon Caesar Salad 10.49

Crisp salad with creamy Caesar dressing, mozzarella and Cheddar cheese. Topped with grilled chicken, smoked streaky bacon and toasted croutons

Smothered Chicken 10.79

Topped with BBQ sauce, bacon, mozzarella and Cheddar cheese. Served with skin-on chips, coleslaw, garlic bread and a salad garnish

Upgrade to double stacked smothered chicken for just 1.99 extra

Beer-Battered Haddock 11.49 & Chips§ **

Served with garden or mushy peas and tartare sauce

Chicken & Pork Ribs Combo[§] Served with skin-on chips, coleslaw and a mixed salad

Upgrade to a Full Rack of Pork Ribs for 3.49

8oz* Sirloin Steak§

Served with half a grilled tomato, skin-on chips, beer-battered onion rings and peas

Add Peppercorn Sauce for 1.49

Burgers

Unless stated, all our burgers come served in a toasted sesame seed bun with lettuce, fresh tomato and red onion, with skin-on chips and coleslaw on the side

Classic Cheeseburger

6oz* beef burger topped with a melting Cheddar cheese slice and burger sauce

Add bacon for 99p

Vegan Sloppy Joe Burger V @

11.29

Beyond BurgerTM topped with a sloppy joe mix of lentils, peppers, soya and chipotle. Served in a brioche-style bun with skin-on chips and a mixed salad

Smothered Chicken Burger§ 11.79

Golden-fried buttermilk chicken topped with smoked streaky bacon, Cheddar cheese and smoky BBQ sauce

Mac & Cheese Burger§

Double stacked 4oz* steak burgers topped with mac & cheese blended with BBQ sauce and smoked streaky bacon

Sides

...... Skin-on Chips V

2.99

Garlic Flatbread with Cheese V 4.49

Beer-Battered Onion Rings§

Puddings

Belgian Waffle V

With chocolate and caramel flavoured sauces and vanilla ice cream

Meringue Kisses V

Mini rippled meringues sandwiched together with a light strawberry ice cream mousse

Triple Chocolate Brownie 4.79 With vanilla ice cream

Cadbury® Nibbles Ice Cream Sundae V

Vanilla ice cream, Cadbury® Dairy Milk Caramel Nibbles and chocolate and caramel flavoured sauces Fewer than

Eton Mess Sundae V 300 calories 5.49

Layers of frozen strawberry yoghurt, vanilla ice cream and fresh strawberries. Topped with meringue and a whip of cream

Baked Cookie Smores

Oozy melted marshmallows with hazelnut and chocolate spread between two warm cookies. Served with vanilla ice cream

Sticky Toffee Pudding V

Topped with a rich, sticky toffee sauce and vanilla ice cream

Kids Deal Choose from any main and any pud

Mains

3.99 each

Oven Baked Poppin'

Chicken 278 Kcal

Breaded chicken bites made with 100% chicken breast

Choose one carb:

Chips 136 Kcal or

Mini Jacket Potato 155 Kcal

Then choose two sides:

Garden Peas 1 47 Kcal, Mini Corn on the Cob 78 Kcal or Baked Beans 1 41 Kcal

Ten Veg Tomato Pasta 🕐 🛡

258 Kcal

Tricolore pasta served in our ten veg tomato sauce

Choose two sides:

Garden Peas 1 47 Kcal, Mini Corn on the Cob 78 Kcal or Baked Beans 1 41 Kcal

Puddings

99p each

Vanilla Ice Cream V 117 Kcal Topped with a crumbled chocolate flake and a wafer

Chocolate Brownie ♥ 291 Kcal Warm brownie served with vanilla ice cream

Kids Drinks

Fruit Shoot 275ml

Apple & Blackcurrant 1.69

Fruit Shoot 275ml

Orange

1.69





Draught Beer & Cider

Information based on pint servings

Stella Artois Carling (4.6%, 2.6 units) (4.0%, 2.3 units) Guinness San Miguel

(5.0%, 2.8 units)

Thatchers Gold Cider

(4.8%, 2.7 units)

(4.1%, 2.3 units)

Sharing with friends? Then upgrade to 4 pint pitcher

Bottled Beers

Budweiser

330ml (4.5%, 1.5 units)

Corona

330ml (4.5%, 1.5 units)

Peroni Nastro Azzurro

330ml (5.1%, 1.7 units)

Brewdog Punk IPA

330ml (5.4%, 1.8 units)

Thwaites Wainwright Golden Ale

500ml (4.1%, 2.1 units)

Doom Bar

500ml (4.3% 2.2 units)

Bottled Cider

Rekorderlig Strawberry & Lime

500ml (4.0%, 2.0 units)

Rekorderlig Wild Berries

500ml (4.0%, 2.0 units)

Thatchers Rosé

500ml (4.0%, 2.0 units)

Magners Irish Cider

568ml (4.5%, 2.6 units)

No & Low Alcohol

Rekorderlig Strawberry & Lime **Alcohol Free Cider**

500ml (0.0%, 0.0 units)

Beck's Blue Alcohol Free Beer

275ml (0.05%, 0.0 units)

Peroni Libera Alcohol Free Beer

330ml (0.0%, 0.0 units)

Feeling peckish? Ask a team member for our great range of Walkers Crisps only £1 with every drink

Get in the Spirit

Classic Pimm's & Lemonade

50ml (25%, 1.3 units)

Pimm's No.1 Cup mixed with fresh fruit & served with lemonade

Make it a pitcher or sharer

All served as 25ml measures

Seville Surprise

(41.3% 1.0 units)

Tanqueray Flor d'Sevilla gin served with tonic and orange garnish

Simply Pink

(37.5%, 0.9 units)

Gordon's Premium Pink Gin with tonic and strawberry garnish

Rhubarb & Ginger

(43.0%, 1.1 units)

Rhubarb Gin served with ginger ale and orange garnish

Classic G&T

(43.1%, 1.1 units)

Tanqueray London Dry served with light tonic and a lime garnish

Gins

All served as 25ml measures

Gordon's® London Dry

(37.5%, 0.9 units)

Gordon's® Premium Pink Gin

(37.5%, 0.9 units)

Tanqueray London Dry

(43.1%, 1.1 units)

Tanqueray Flor d'Sevilla

(41.3%, 1.0 units)

Bombay Sapphire London Dry

(40.0%, 1.0 units)

Whitley Neill Rhubarb

(43.0%, 1.1 units)

Whitley Neill Raspberry

(43 0% 1 1 units)

Soft Drinks

Coca-Cola Icon Bottle 330ml

Appletiser 275ml

J20 Orange & Passionfruit 275ml

J20 Apple & Mango 275ml

Princes Gate Still Water 330ml

Princes Gate Sparkling Water 330ml

New on Draught:

Coca-Cola, Coca-Cola Zero, Schweppes Lemonade or Fanta Orange

Sparkling Wine Galanti Prosecco

Italy (10.5%)

200ml - 4.49 750ml - 16.99

White Wine

Vistamar Matinal Sauvignon Blanc

Chile (13.0%)

250ml - 5.29 Bottle - 12.99

Andrew Peace Chardonnay

Australia (12.5%)

250ml - 5.79 Bottle - 14.99

Pinot Grigio Prospetti

Italy (12.0%)

250ml - 5.79 Bottle - 14.99

Brancott Estate Sauvignon Blanc

New Zealand (13.0%)

250ml - 6.59 Bottle - 16.99

Rosé Wine

Canyon Road White Zinfandel

USA (8.5%)

250ml - 5.59 Bottle - 12.99

Pinot Grigio Prospetti Rosé

Italy (12.0%)

250ml - 5.69 Bottle - 13.99

Red Wine

Vistamar Matinal Merlot

Chile (13.0%)

250ml - 5.29 Bottle - 12.99

Finca De Alto Malbec

Argentina (13.5%)

250ml - 5.79 Bottle - 14.99

Andrew Peace Shiraz

Australia (13.0%)

250ml - 5.79 Bottle - 14.99

Campo Viejo Rioja

Spain (13.5%)

250ml - 6.19 Bottle - 15.99

Alcohol units guid	9 101. M	mes				
Alc % vol	9%	10%	11%	12%	13%	14%
Bottle 750ml	6.8	7.5	8.3	9.0	9.8	10.5
Large Glass 250ml	2.3	2.5	2.8	3.0	3.3	3.5
Medium Glass 175ml	1.6	1.8	1.9	2.1	2.3	2.5
Small Glass 195ml	1.1	12	1.4	1.5	1.6	1 0

All of our wines are available in 125ml and 175ml serving, please ask a team member for prices

Key to Symbols: Suitable for vegetarians. Suitable for vegans. Approximate weight uncooked. May contain small bones or shell. Contains alcohol. 300/600 Under 300/600kcals or less, calories are based on the average serving size. One of your 5 a day, 27 Two of your 5 a day.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Due to the nature of our kitchens, we cannot guarantee that your meal will be free from any allergens including gluten

All meat, fish and poultry dishes may contain small bones. Menu descriptions may not list every individual ingredient. This menu is available for a limited time only and is subject to availability. Alcohol served to over 18s only. Proof of age may be required when asked. All alcohol % volume information is correct at the time of printing, however these can change. Please ask a team member or see bottle label for up to date information. All our wine bottles are based on 750ml unless stated. 125ml glasses of wine are available on request. We remind all our guests to drink responsibly. When ordering from the Meal Deals, 2 courses cannot be ordered from the same section. This menu is available for children aged 12 or under. One of 5 a day = a minimum of 40g of fruit or vegetables. "Registered Trademark 'Registered Trademark Cadbury' is a registered trademark of Mondelēz International. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. If you have any comments or suggestions, our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XE. Telephone: 0333 234 1452 or visit www.whitbreadinns.co.uk/contact-us





