




# Lunch & Early Dinner

Monday to Friday 12pm - 6pm<sup>></sup>



Our recommended signature dishes  
where you see the  symbol

## Mains £6

### 5oz\* Gammon Steak


With skin-on chips, peas (522kcal) & your choice of two fried eggs (+216kcal), two grilled pineapple rings (+44kcal) or one of each (+130kcal)

**UPGRADE** to 7oz\* gammon (+93kcal) 1.49

### Smothered Chicken

Topped with bacon, cheese & smoky BBQ sauce. Served with skin-on chips & a salad garnish (693kcal)

**ADD** an extra smothered chicken (+325kcal) 2.49


**ADD** 2 slices of garlic bread  (+233kcal) 99p

### **New** Grilled Chicken Caesar Flatbread

Chicken breast, streaky bacon rashers, cheese, shredded lettuce & reduced-calorie Caesar dressing in a flatbread sandwich. Served with skin-on chips (921kcal) or a mixed salad (686kcal)


### Chicken Tikka Curry

Served with rice, a poppadom & mango chutney (640kcal)

**ADD** naan bread  (+191kcal) 99p

**ADD** Indian trio selection  (+115kcal) 1.99

### Sausage & Mash

Served with peas & red onion gravy (845kcal)  
**GARDEN GOURMET® Sensational™** sausages available, just ask  (648kcal)

### Margherita Pizza

(871kcal)


**ADD** pepperoni (+130kcal) 99p

### Cheeseburger

1/4lb\* steak burger with Cheddar & burger sauce in a brioche-style bun. Served with skin-on chips & coleslaw (904kcal)


**ADD** 1/4lb\* Steak Burger (+214kcal) 2.49

**ADD** x2 Streaky Bacon Rashers (+63kcal) 99p

**ADD** Cheese Slice  (+83kcal) 99p

### Fish & Chips\*\*

Served with tartare sauce & your choice of peas (821kcal) or mushy peas (859kcal)

**UPGRADE** to beer-battered Haddock\*\*  (+305kcal) 2.49

### Classic Beef Lasagne

Served with a salad garnish & garlic bread (607kcal)

### Thai Green Vegetable Curry

With sweet potato, red peppers, peas & bamboo shoots, served with rice (627kcal)

**ADD** chicken breast (+155kcal) 2.49

### **New** All-Day Breakfast Flatbread

Pork sausage, streaky bacon rashers, hash browns & a fried egg in a flatbread sandwich, with your choice of ketchup (+7kcal) or brown sauce (+12kcal). Served with skin-on chips (1,060kcal) or a mixed salad (825kcal)

### **New** Melt-in-the-Middle Fish Pie Fishcake\*\*

Sustainably sourced pollock, smoked haddock, salmon, king prawns & mashed potato with a Cheddar sauce centre. Coated in breadcrumbs, served with a poached egg, wilted spinach & skin-on chips (790kcal)

## Add a starter for £2.99

### Crispy Chicken Goujons

Served with smoky BBQ sauce (429kcal)

### Garlic Bread with Cheese


(381kcal)

### Garlic & Herb Mushrooms

Served with smoky BBQ sauce (442kcal)

### Tomato Soup

Served with garlic & herb croutons (220kcal)

**Vegan option available, just ask  (199kcal)**

### **New** Falafel & Houmous\*

Lightly spiced falafels with a chickpea & butterbean houmous, cucumber, red pepper, tomato & mint salad (255kcal)

## Add a dessert for £2.99

### Caramel Apple Betty

Served warm with custard (371kcal)  
or vanilla ice cream (361kcal)

### Triple Chocolate Brownie

Served warm with vanilla ice cream & chocolate sauce (620kcal)

### Mini Sundae with Berries\*

Vegan vanilla ice cream topped with berries (201kcal)

### Mini Sundae with Cadbury® Dairy Milk Caramel Nibbles

With chocolate & caramel sauces and a chocolate flake (283kcal)

### **New** Mini Peach & Raspberry Melba Sundae\*

With vanilla ice cream, oatly crumble & a wafer (252kcal)



We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p



Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



Scan for Non-Gluten-Containing Ingredients Menu



Adults need around 2,000kcal per day

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive.  Suitable for vegetarians.  Suitable for vegetarians and vegans. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Prices are inclusive of VAT. \*Fish, meat and poultry dishes may contain bones. \*Approximate weight uncooked. \*May contain fruit stones/stone fragments. Menu descriptions may not list every ingredient, please ask for more information. For full dietary information, please see main menu or ask a member of staff. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. GARDEN GOURMET® Reg. Trademark is used in agreement with the trademark owner. Cadbury® is a registered trademark of Mondelez International used under licence. Subject to availability.

\*Terms and Conditions: £6.00 mains are available on selected main meals only. This offer cannot be used in conjunction with any other offers, promotions or vouchers including the Whitbread Privilege card but can be used in conjunction with loyalty-points-based vouchers only (but not loyalty Celebratory offers). Management reserve the right to withdraw the offer for any selected period of time. Starters and sides for £2.99 are only available when ordered in conjunction with the Daytime Value offer. The Value menu is available 12pm – 6pm Monday to Friday excluding Bank Holidays.



Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org) MSC-C-55716